

PATONS & BALDWIN'S

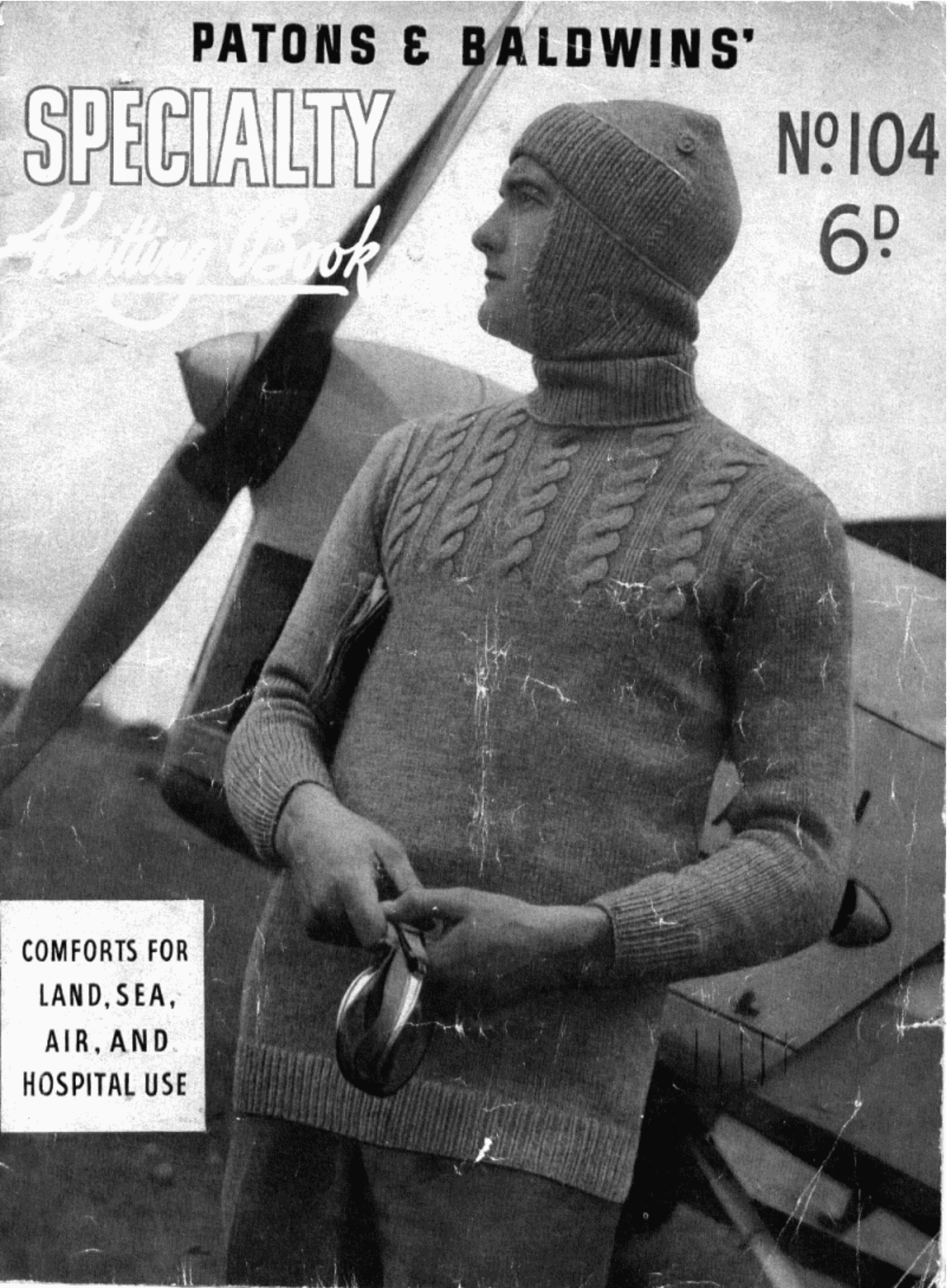
SPECIALTY

Knitting Book

Nº104

6^D

COMFORTS FOR
LAND, SEA,
AIR, AND
HOSPITAL USE





MAN'S LUMBER-JACKET (in Three Sizes)—"GILES" DESIGN.

Instructions on page 11.

PATON'S "TOTEM" KNITTING WOOL or PATON'S "ZINNIA" KNITTING WOOL.

P&B

COMFORTS for SEA, LAND, AIR, and HOSPITAL USE

P&B

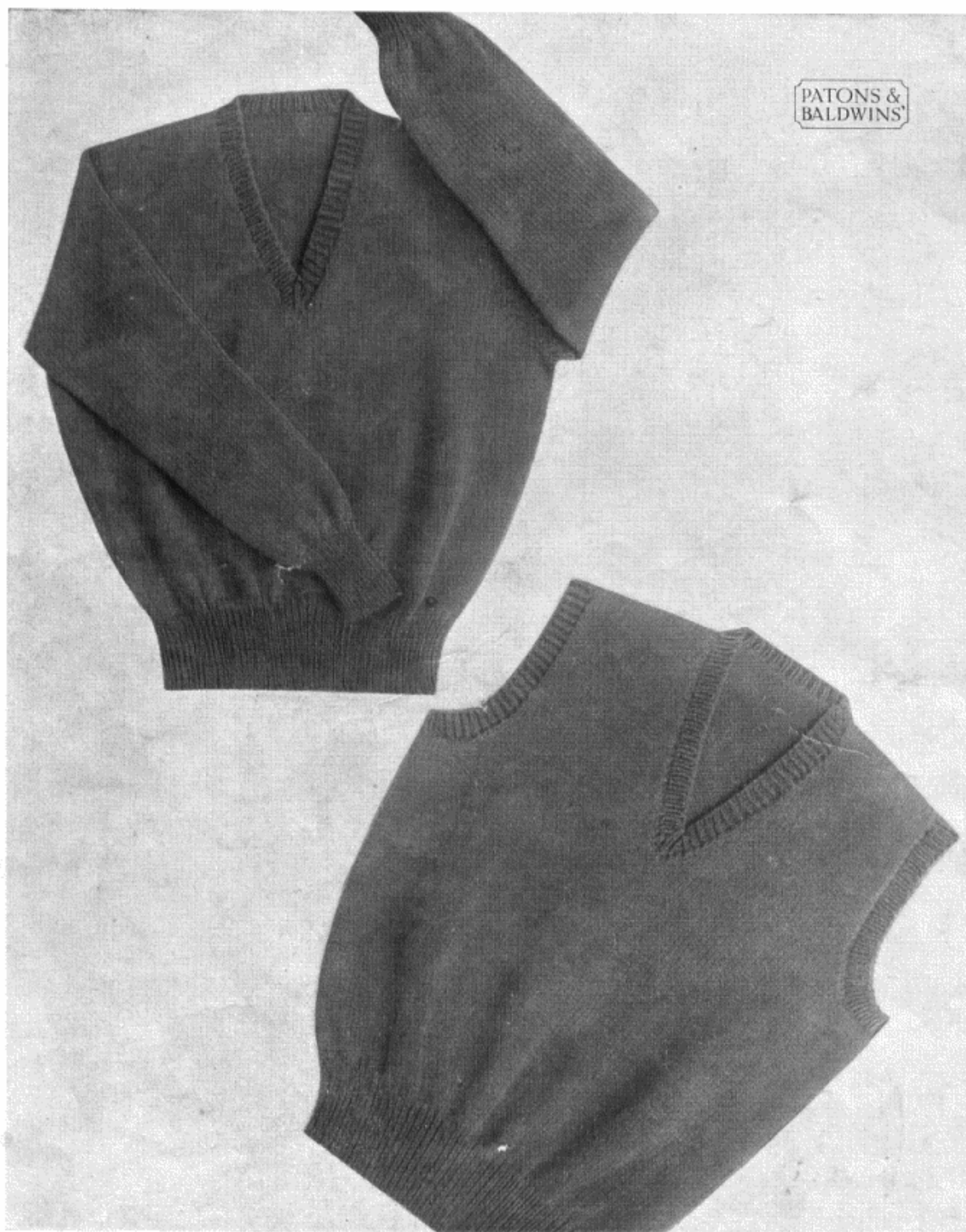
PATONS &
BALDWIN'S



MAN'S CARDIGAN (in Two Sizes)—“PETER” DESIGN.

Instructions on page 13.

PATON'S “ROSE” FINGERING WOOL, 4-ply.



**MAN'S PULL-OVER (in Three Sizes, With or Without Sleeves)—
"DENIS" DESIGN.**

- *Instructions for knitting this Pull-over in Heavy Weight Wool are on page 14, and instructions for knitting in Light Weight Wool are on page 15.*

P&B

"PATONS & BALDWINS" MEANS "BEST WOOLS"!

P&B

PATONS &
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MAN'S WAISTCOAT—"RONALD" DESIGN.

Instructions on page 16.

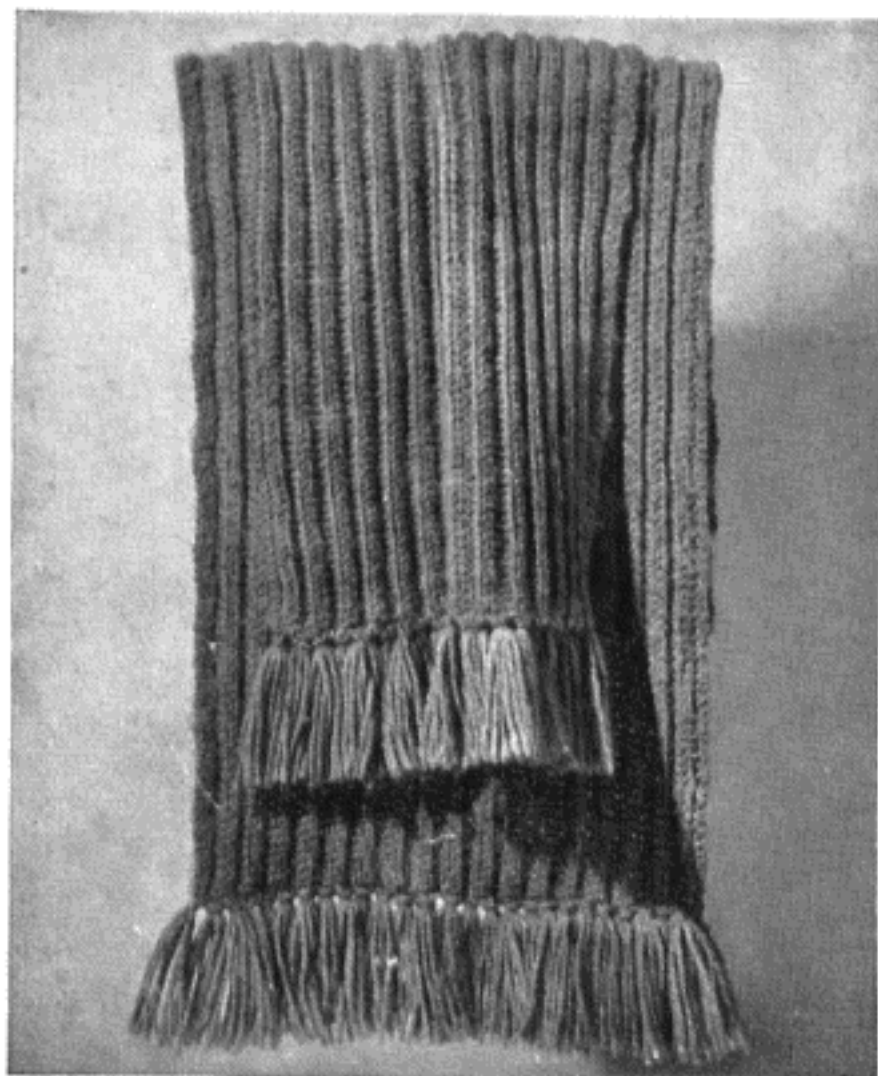
PATON'S SUPER SCOTCH FINGERING WOOL, 3-ply.



MAN'S SLEEVELESS
WAISTCOAT—
"GRAHAM" DESIGN.

Instructions on page 17.

PATON'S "ZINNIA" KNITTING WOOL
or
PATON'S "TOTEM" KNITTING WOOL.



SCARF—"GERALD" DESIGN.

Instructions on page 25.

PATON'S "ZINNIA" KNITTING WOOL, or PATON'S "TOTEM" KNITTING WOOL.



SCARF—"MAXWELL" DESIGN.

Instructions on page 25.

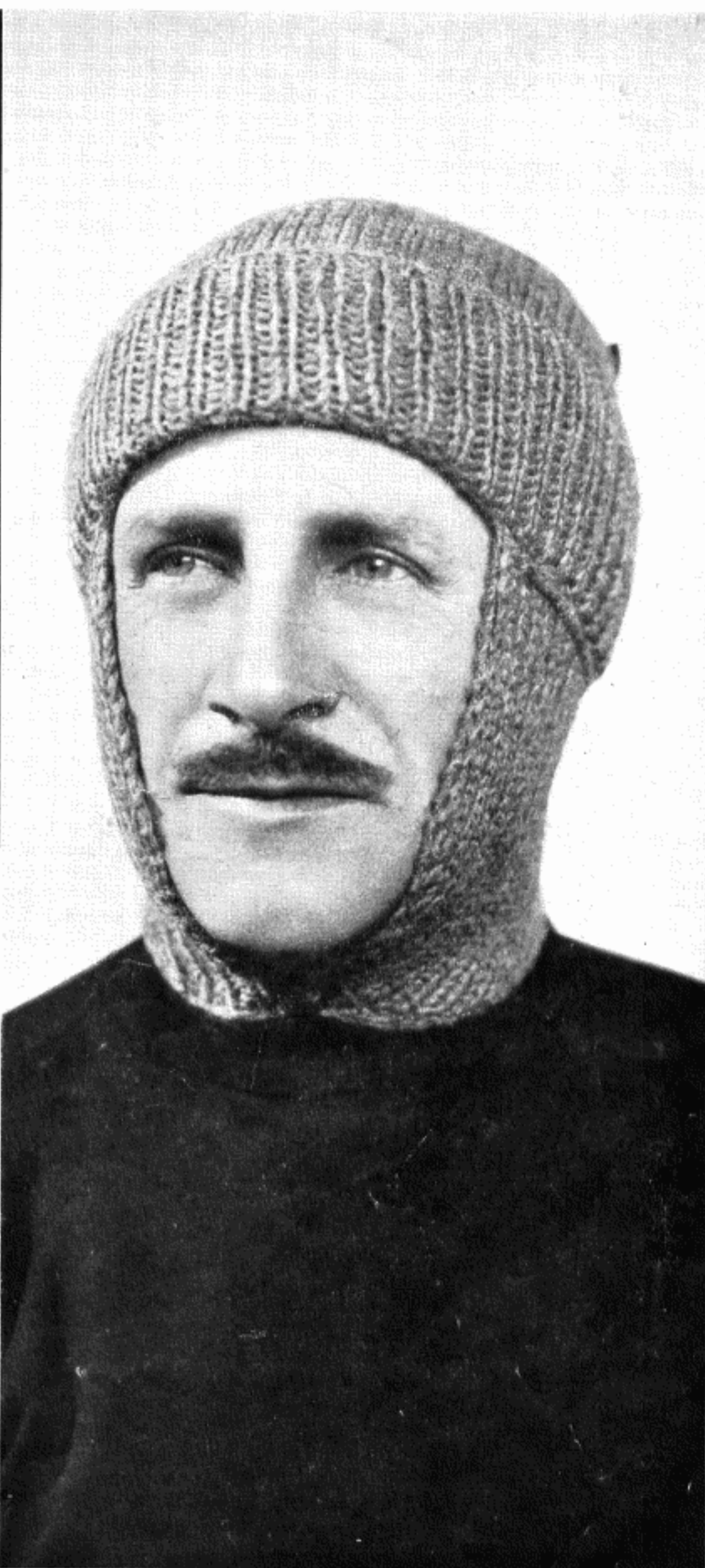
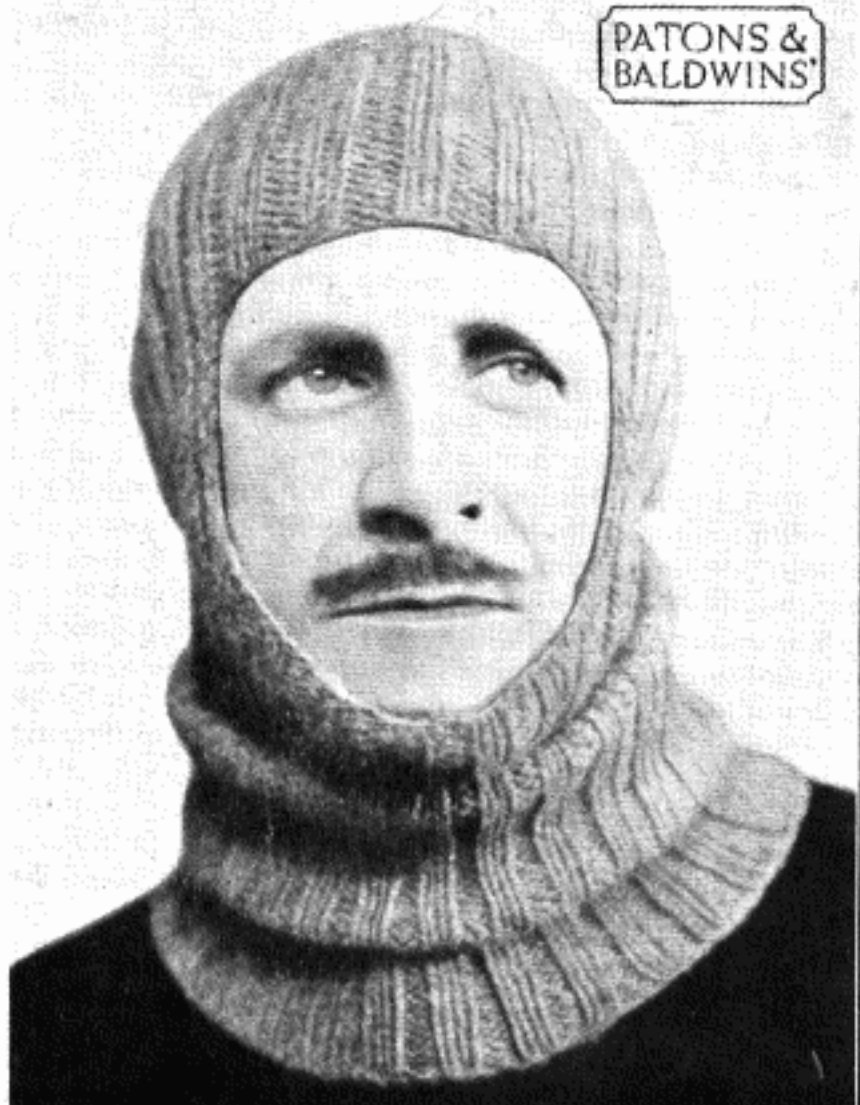
P&B

BUY ONLY "P & B" BRAND WOOL—PATONS & BALDWINS'!

P&B



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BALACLAVA HELMET—"NEIL" DESIGN. MILITARY HELMET—"GEORGE" DESIGN.

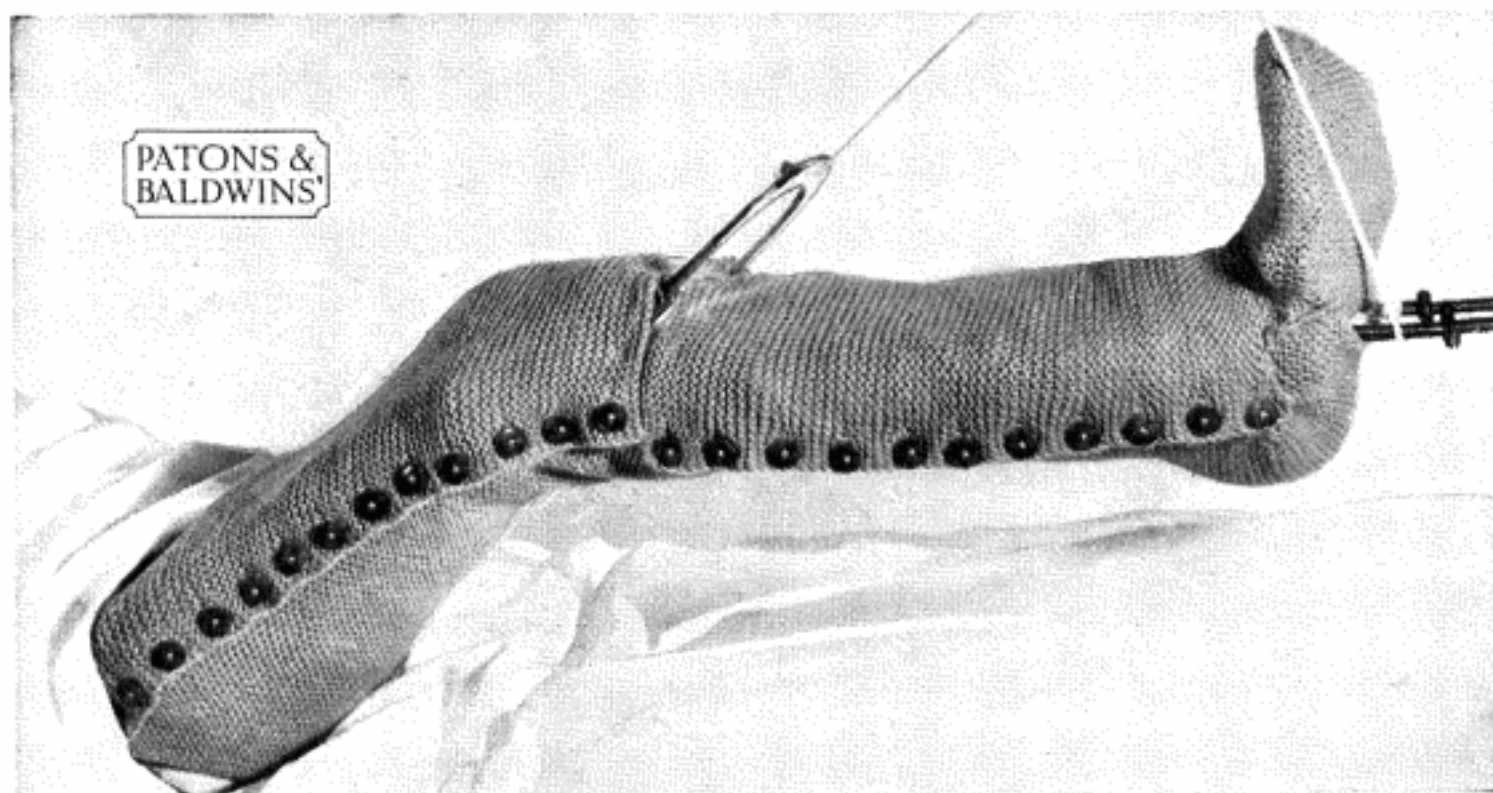
Instructions on page 19.

Instructions on page 18.

MILITARY SCARF—"ROY" DESIGN.

Instructions on page 24.

PATON'S "ZINNIA" KNITTING WOOL, or PATON'S "TOTEM" KNITTING WOOL.

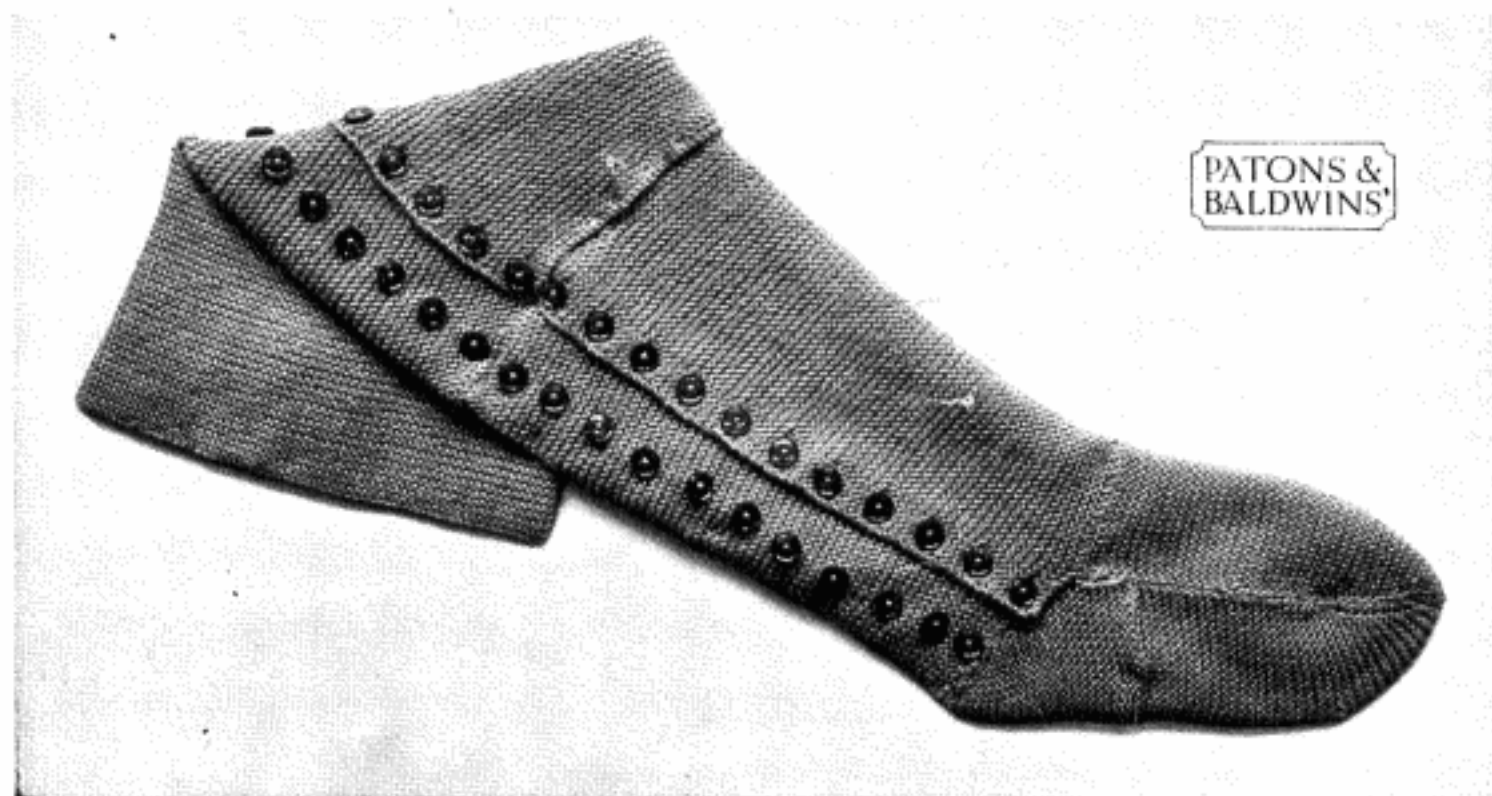


Showing the Splint Cover in Actual Use.

"THOMAS" SPLINT COVER.

Instructions on page 20.

PATON'S "WILD-
FLOWER" SPORTS
WOOL or PATON'S
"ZINNIA" KNIT-
TING WOOL.

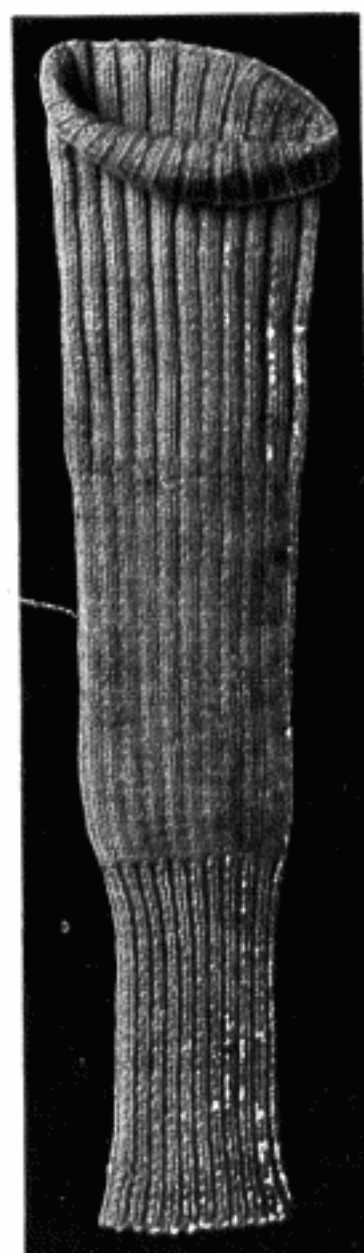


HOSPITAL STOCKING

(With or Without
Foot).

Instructions on page 21

PATON'S
"WILDFLOWER"
SPORTS WOOL.



HOSPITAL SLEEVE

(or Hospital Stocking
Without Foot).

Instructions on page 21.

PATON'S
"WILDFLOWER"
SPORTS WOOL.



Fig. A, Knee Cap, p. 21; Fig. B, Knee Cap, p. 22; Fig. C, Hospital Slippers, p. 22; Fig. D, Heel-less Bed Socks, p. 22; Fig. E, Heel-less Socks or Bed Socks, p. 23; Fig. F, Man's Gloves, p. 23; Fig. G, Man's Mittens, p. 23; Fig. H, Body Belt, p. 23; Fig. J, Bed Socks, p. 24.

Q When purchasing Wool for any garment, it is most important to procure sufficient of one blend to complete the article, as no guarantee can be given that exactly the same shade can be supplied afterwards, slight variations between different blends being unavoidable.

ABBREVIATIONS:—K. = Knit plain; P. = Purl; tog. = together; wl. fwd. = wool forward; p.s.s.o. = pass slip stitch over; w.o.n. = wool over needle; w.r.n. = wool round needle; t.b.l. = through the back of the loops; ch. = chain; tr. = treble; s.c. = single crochet; d.c. = double crochet; l.tr. = long treble (wool over hook twice); sl. st. = slip stitch; sp. = space.

IMPORTANT!

The correct size of any of the garments illustrated in this Book will only be obtained by USING THE WOOL RECOMMENDED IN THE RECIPE AND KNITTING AT THE CORRECT TENSION. To ensure this, use the wool and needles specified, and knit a small piece of fabric in the given pattern. If knitted correctly, the number of stitches to the inch in width should correspond with the tension given.

Q When the instructions read, "Cast off 2 stitches, K.2" (or similar stitches), the stitch on the right-hand needle, after casting off, is counted as one stitch.

MAN'S JERSEY.—"Robert" Design.

● Illustrated on Front Cover.



NOTE:—The instructions for the Helmet illustrated on the Front Cover are given on page 18.

MATERIALS:—

PATON'S "ZINNIA" Knitting Wool

or

PATON'S "TOTEM" Knitting Wool.

"Zinnia"—Khaki (shade 1292) 1 lb. 4 ozs.

"Totem"—Cadet Blue (shade 2015) 1 lb. 4 ozs.

"Beehive" Knitting Needles—1 pair each Nos. 7 and 8.

1 Set of four No. 8 Needles, with points at both ends.

MEASUREMENTS:—

Length from top of shoulder 28 ins.

Width all round at under-arm 38 ins.

Length of sleeve from under-arm (with cuff turned up) 20 ins.

ABBREVIATIONS:—See above.

TENSION:—

To get these measurements it is absolutely necessary to work at a tension to produce $5\frac{1}{2}$ stitches to the inch in width.

THE BACK.—Using the No. 8 Needles, cast on 96 stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row. Repeat this row nineteen times.

Using the No. 7 Needles:—**1st row.**—Knit plain.

2nd row.—K.1, purl to the last stitch, K.1.

Repeat these 2 rows until the work measures 19 inches (or length desired) from the commencement, ending with a purl row. Proceed as follows:—

1st row.—K.6, * P.2, K.8, P.2, repeat from * to the last 6 stitches, K.6.

2nd row.—K.1, P.5, * K.2, P.8, K.2, repeat from * to the last 6 stitches, P.5, K.1.

Repeat these 2 rows twice.

7th row.—K.6, * P.2, take a third needle and slip the next 4 stitches on to it; letting this needle fall to the back of the work, knit the next 4 stitches, bring the 4 stitches forward, and slip them back on the needle again, knit these 4 stitches, P.2, repeat from * to the last 6 stitches, K.6.

8th row.—Like the 2nd row.

9th row.—Cast off 3 stitches, K.3, * P.2, K.8, P.2, repeat from * to the last 6 stitches, K.6.

10th row.—Cast off 3 stitches, K.1, P.2, * K.2, P.8, K.2, repeat from * to the last 3 stitches, P.2, K.1.

11th row.—K.1, K.2 tog., * P.2, K.8, P.2, repeat from * to the last 3 stitches, K.2 tog., K.1.

12th row.—K.1, P.1, * K.2, P.8, K.2, repeat from * to the last 2 stitches, P.1, K.1.

13th row.—K.2 tog., * P.2, K.8, P.2, repeat from * to the last 2 stitches, K.2 tog.

14th and 16th rows.—K.1, * K.2, P.8, K.2, repeat from * to the last stitch, K.1.

15th row.—K.1, * P.2, K.8, P.2, repeat from * to the last stitch, K.1. Proceed as follows:—

**** 1st row.**—K.1, * P.2, take a third needle and slip the next 4 stitches on to it; letting this needle fall to the back of the work, knit the next 4 stitches, bring the 4 stitches forward and slip them back on to the needle again, knit these 4 stitches, P.2, repeat from * to the last stitch, K.1.

2nd row.—K.1, * K.2, P.8, K.2, repeat from * to the last stitch, K.1.

3rd row.—K.1, * P.2, K.8, P.2, repeat from * to the last stitch, K.1.

Repeat the 2nd and 3rd rows three times, then the 2nd row once. **

Repeat from ** to ** four times, then the 1st and 2nd rows once.

Shape for the shoulders as follows:—

1st row.—K.1, * P.2, K.8, P.2, repeat from * to the last 13 stitches, P.2, K.4, turn.

2nd row.—P.4, K.2, * K.2, P.8, K.2, repeat from * to the last 13 stitches, K.2, P.1, turn.

3rd row.—K.1, P.2, * P.2, K.8, P.2, repeat from * to the last 25 stitches, P.2, K.8, P.1, turn.

4th row.—K.1, P.8, K.2, * K.2, P.8, K.2, repeat from * to the last 25 stitches, K.2, P.8, K.1, turn.

5th row.—P.1, K.8, P.2, * P.2, K.8, P.2, repeat from * to the last 25 stitches, P.2, K.2, turn.

6th row.—P.2, K.2, * K.2, P.8, K.2, repeat from * to the last 25 stitches, K.2, P.2, turn.

7th row.—K.2, P.2, * P.2, K.8, P.2, repeat from * to the last 37 stitches, P.2, K.8, turn.

8th row.—(P.8, K.4) twice, P.8, turn.

9th row.—K.8, P.2, * P.2, K.8, P.2, repeat from * to the last stitch, K.1.

10th row.—Cast off 27 stitches, P.8, K.2, * K.2, P.8, K.2, repeat from * to the last stitch, K.1.

11th row.—Cast off 27 stitches, (K.8, P.4) twice, K.8. Break off the wool.

Leave the remaining stitches until the Front is worked.

THE FRONT.—Using the No. 8 Needles, cast on 96 stitches.

Work exactly as given for the Back, until from ** to ** has been repeated four times. Proceed as follows:—

1st row.—K.1, * P.2, take a third needle and slip the next 4 stitches on to it; letting this needle fall to the back of the work, knit the next 4 stitches, bring the 4 stitches forward, slip them back on the needle again, knit these 4 stitches, P.2, repeat from * once, P.2, K.2, turn.

Work on these 29 stitches as follows:—

1st row.—P.2, K.2, (K.2, P.8, K.2) twice, K.1.

2nd row.—K.1, (P.2, K.8, P.2) twice, P.1, P.2 tog., K.1.

3rd row.—K.5, P.8, K.4, P.4, turn.

4th row.—K.4, P.4, K.8, P.2, P.2 tog., K.1.

5th row.—K.4, P.8, K.1, turn.

6th row.—P.1, K.8, P.3, K.1.

7th row.—K.4, P.2, turn.

8th row.—K.2, P.3, K.1. Cast off.

Commencing again on the stitches which were left, slip the first 28 stitches on to a spare needle, join in the wool and work on the remaining 29 stitches as follows:—

1st row.—K.2, P.2, * P.2, take a third needle and slip the next 4 stitches on to it; letting this needle fall to the back of the work, knit the next 4 stitches, bring the 4 stitches forward, slip them back on to the needle again, knit these 4 stitches, P.2, repeat from * once, K.1.

2nd row.—K.1, (K.2, P.8, K.2) twice, K.2, P.1, K.1.

3rd row.—K.1, P.2 tog., P.3, K.8, P.4, K.4, turn.

4th row.—P.4, K.4, P.8, K.5.

5th row.—K.1, P.2 tog., P.2, K.8, P.1, turn.

6th row.—K.1, P.8, K.4.

7th row.—K.1, P.3, K.2, turn.

8th row.—P.2, K.4.

9th row.—K.1, P.3, K.8, P.4, K.8, P.2, K.1. Cast off. Sew up the shoulder seams.

THE POLO COLLAR.—Using the No. 8 Needles, with points at both ends, and with the right side of the work facing, join in the wool at the front of the neck, and knit 28 stitches. Knit up 9 stitches from the side of the shoulder, knit 32 stitches across the back of the neck, knit up 9 stitches from the side of the other shoulder (making 78 stitches in all). Divide these stitches evenly on to three needles.

Work in rounds in rib of (K.1, P.1) for six inches. Cast off loosely.

THE SLEEVES.—Using the No. 7 Needles, cast on 52 stitches.

Work in plain, smooth fabric, casting on 2 stitches at the end of every row, until there are 80 stitches on the needle.

Decrease once at each end of the needle in the 7th and every following 6th row, until 66 stitches remain, then in every following 8th row, until 48 stitches remain.

Work 7 rows without shaping.

In the next row, * K.10, K.2 tog., repeat from * to the end of the row.

Using the No. 8 Needles, in the next row, K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row for five inches. Cast off.

Work another Sleeve in the same manner.

TO MAKE UP THE JERSEY.—With a slightly damp cloth and warm iron, press lightly. Sew up the side and sleeve seams. Sew in the sleeves, placing seam to seam.

MAN'S LUMBER-JACKET

(in Three Sizes)—

"Giles" Design.

(Illustrated on page 2.)



MATERIALS:—

PATON'S "TOTEM" Knitting Wool

or

PATON'S "ZINNIA" Knitting Wool.

[A] [B] [C]

"Totem"—Grey (shade 1912) 1 lb. 1 lb. 2 ozs. 1 lb. 4 ozs.

"Zinnia"—Brown

(shade 01913) 1 lb. 1 lb. 2 ozs. 1 lb. 4 ozs.

"Beehive" Knitting Needles—1 pair each Nos. 7 and 10.

Two "Beehive" Stitch-holders. Thirteen Buttons.

MEASUREMENTS:—

Length from top of shoulder 22½ ins.

Width all round

at under-arm . . [A] 38 ins. [B] 40 ins. [C] 42 ins.

Length of sleeve from under-arm 19 ins.

ABBREVIATIONS:—See page 10.

TENSION:—

To get these measurements it is absolutely necessary to work at a tension to produce 5½ stitches to the inch.

The instructions are written for the smallest size [A]. The instructions for the two larger sizes, [B] and [C], are written in brackets, thus [B—...] [C—...].

THE LEFT FRONT.—Using the No. 10 Needles, cast on 48 [B—54] [C—58] stitches.

1st row.—* K.1, P.1, repeat from * to the last 2 stitches, K.2. Repeat this row once.

** 3rd row.—* K.1, P.1, repeat from * to the last 6 stitches, cast off 2 stitches, K.1, P.1, K.2.

4th row.—(K.1, P.1) twice, cast on 2 stitches (thus forming a button-hole), * K.1, P.1, repeat from * to the last 2 stitches, K.2.

5th row.—* K.1, P.1, repeat from * to the last 2 stitches, K.2. Repeat the 5th row eleven times. **

Repeat from ** to ** twice, then the 3rd and 4th rows once.

Using the No. 7 Needles, proceed as follows:—

[A] 1st row.—K.3, * increase once in the next stitch, K.6, repeat from * to the last 10 stitches, increase once in the next stitch, K.1, (K.1, P.1) three times, K.2 (54 stitches).

[B] 1st row.—K.3, * increase once in the next stitch, K.6, repeat from * to the last 9 stitches, K.1, (K.1, P.1) three times, K.2 (60 stitches).

[C] 1st row.—K.3, * increase once in the next stitch, K.6, repeat from * to the last 13 stitches, K.5, (K.1, P.1) three times, K.2 (64 stitches).

2nd row.—(K.1, P.1) four times, purl to the last stitch, K.1.

3rd row.—Knit plain to the last 8 stitches, (K.1, P.1) three times, K.2.

Repeat the 2nd and 3rd rows five times, then the 2nd row once.

15th row.—Knit plain to the last 8 stitches, K.1, P.1, cast off 2 stitches, K.1, P.1, K.2.

16th row.—(K.1, P.1) twice, cast on 2 stitches, K.1, purl to the last stitch, K.1.

Repeat the 3rd row once, from the 2nd to the 16th rows once, the 3rd row once, then the 2nd and 3rd rows once.

36th row.—(K.1, P.1) four times, P.15 [B—18] [C—20], cast off 24 stitches knitways, P.6 [B—9] [C—11], K.1.

Leave these stitches on a stitch-holder until the Pocket has been worked.

THE POCKET.—Using the No. 7 Needles, cast on 24 stitches.

1st row.—Knit plain.

2nd row.—K.1, purl to the last stitch, K.1.

Repeat the 1st and 2nd rows seventeen times.

Leave these stitches on a stitch-holder until the Flap has been worked.

THE FLAP.—Using the No. 7 Needles, cast on 14 stitches.

1st row.—Increase once in the first stitch, K.11, increase once in the next stitch, K.1.

2nd row.—Knit plain.

3rd row.—Increase once in the first stitch, K.13, increase once in the next stitch, K.1.

4th row.—K.2, purl to the last 2 stitches, K.2.

5th row.—Increase once in the first stitch, K.2, cast off 2 stitches, K.8, cast off 2 stitches, K.1, increase once in the next stitch, K.1.

6th row.—K.2, P.2, cast on 2 stitches, P.8, cast on 2 stitches, P.2, K.2.

7th row.—Increase once in the first stitch, knit plain to the last 2 stitches, increase once in the next stitch, K.1.

8th row.—K.2, purl to the last 2 stitches, K.2.

Repeat the 7th and 8th rows once.

11th row.—Knit plain.

12th row.—K.2, purl to the last 2 stitches, K.2.

Commencing again on the stitches of the Front, work across the row (placing the stitch-holder containing the pocket stitches behind the needle containing the flap stitches, with the wrong side of the flap to the right side of the pocket), knitting together 1 stitch from each needle twenty-four times in place of the cast-off stitches. Continue in plain, smooth fabric (keeping a border of 8 stitches in rib at the front edge), working a button-hole as before in the 10th and 11th rows, and in the following 15th and 16th rows.

Work 8 rows without shaping. Proceed as follows:—

1st row.—Cast off 5 stitches, knit plain to the last 8 stitches, (K.1, P.1) three times, K.2.

2nd row.—(K.1, P.1) four times, purl to the last stitch, K.1.

3rd row.—K.1, K.2 tog., knit plain to the last 8 stitches, (K.1, P.1) three times, K.2.

Repeat the 2nd and 3rd rows once, then the 2nd row once.

7th row.—K.1, K.2 tog., knit plain to the last 8 stitches, K.1, P.1, cast off 2 stitches, K.1, P.1, K.2.

8th row.—(K.1, P.1) twice, cast on 2 stitches, K.1, purl to the last stitch, K.1.

9th row.—K.1, K.2 tog., knit plain to the last 8 stitches, (K.1, P.1) three times, K.2.

10th row.—Cast off 4 stitches, K.1, P.1, K.1, purl to the last stitch, K.1.

11th row.—K.1, K.2 tog., knit plain to the last 3 stitches, K.2 tog., K.1.

12th row.—K.1, purl to the last stitch, K.1.

13th row.—K.1, K.2 tog., knit plain to the end of the row.

14th row.—K.1, P.2 tog., purl to the last stitch, K.1.

15th row.—K.1, K.2 tog., knit plain to the end of the row.

Continue in plain, smooth fabric, decreasing once at the neck edge in the 2nd and every following 3rd row, until 24 [B—30] [C—34] stitches remain.

Work 1 row without shaping.

Shape for the shoulder as follows:—

1st row.—K.1, purl to the last 8 [B—10] [C—11] stitches, turn.

2nd row.—Knit plain.

3rd row.—K.1, purl to the last 16 [B—20] [C—22] stitches, turn.

4th row.—Knit plain. Cast off.

THE RIGHT FRONT.—Work exactly as given for the Left Front, omitting the button-holes and working the border and shapings at opposite ends of the needle.

THE BACK.—Using the No. 10 Needles, cast on 84 [B—96] [C—104] stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row. Repeat this row forty-five times.

Using the No. 7 Needles, proceed as follows:—

[A] 1st row.—* K.3, increase once in the next stitch, K.3, repeat from * to the end of the row (96 stitches).

[B] 1st row.—* K.7, increase once in the next stitch, repeat from * to the end of the row (108 stitches).

[C] 1st row.—K.4, * K.7, increase once in the next stitch, repeat from * to the last 4 stitches, K.4 (116 stitches).

2nd row.—K.1, purl to the last stitch, K.1.

3rd row.—Knit plain.

Repeat the 2nd and 3rd rows until the work measures the same as the Front to the under-arm, ending with the 2nd row.

Cast off 5 stitches at the beginning of each of the next 2 rows.

Decrease once at each end of the needle in the next and every alternate row, until 72 [B—84] [C—92] stitches remain.

Continue without shaping until the arm-hole measures the same as the Front arm-hole, ending with a purl row. Shape for the shoulders as follows:—

1st row.—Knit plain to the last 8 [B—10] [C—11] stitches, turn.

2nd row.—Purl to the last 8 [B—10] [C—11] stitches, turn.

3rd row.—Knit plain to the last 16 [B—20] [C—22] stitches, turn.

4th row.—Purl to the last 16 [B—20] [C—22] stitches, turn.

5th row.—Knit plain to the last 24 [B—30] [C—34] stitches, turn.

6th row.—Purl to the last 24 [B—30] [C—34] stitches, turn.

7th row.—(K.2, K.2 tog., K.2) four times, K.24 [B—30] [C—34]. Cast off.

THE SLEEVES.—Using the No. 7 Needles, cast on 20 stitches.

1st row.—Knit plain to the end of the row, cast on 2 stitches.

2nd row.—K.1, purl to the end of the row, cast on 2 stitches.

3rd row.—Knit plain to the end of the row, cast on 1 stitch.

4th row.—K.1, purl to the end of the row, cast on 1 stitch.

Repeat from the 1st to the 4th rows six times, then the 1st and 2nd rows once (66 stitches).

Continue in plain, smooth fabric, decreasing once at each end of the needle in the 39th and every following 8th row, until 54 stitches remain.

Continue without shaping until the work measures 20 inches from the commencement, ending with a purl row. In the next row, * K.3, K.2 tog., repeat from * to the last 4 stitches, K.4.

Using the No. 10 Needles, in the following row, K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row for 3 inches. Cast off.

Work another Sleeve in the same manner.

THE COLLAR.—Using the No. 7 Needles, cast on 103 stitches.

1st row.—K.1, P.2 tog., * K.1, P.1, repeat from * to the last 4 stitches, K.1, P.2 tog., K.1.

2nd row.—K.2, * P.1, K.1, repeat from * to the last stitch, K.1.

3rd row.—K.1, K.2 tog., * P.1, K.1, repeat from * to the last 4 stitches, P.1, K.2 tog., K.1.

4th row.—* K.1, P.1, repeat from * to the last stitch, K.1.

Repeat these 4 rows five times. Cast off.

TO MAKE UP THE LUMBER-JACKET.—With a slightly damp cloth and warm iron, press lightly. Sew up the side, shoulder and sleeve seams. Sew in the sleeves, placing seam to seam. Sew the pocket linings in position on the wrong side. Sew the collar in position, with the shaped side to the neck edge and the ends to the edge of each front. Sew on buttons to correspond with the button-holes.

MAN'S CARDIGAN (in Two Sizes)—“Peter” Design.

(Illustrated on page 3.)



MATERIALS:—

PATON'S “ROSE” Fingering Wool, 4-ply.

Brown Mixture (shade 01891) [A] 13 ozs. [B] 15 ozs.
“Beehive” Knitting Needles—1 pair each Nos. 9 and 11.
Six Buttons.

MEASUREMENTS:—

Length from top of shoulder 24½ ins.
Width all round at under-arm [A] 42 ins. [B] 46 ins.
Length of sleeve from under-arm 20 ins.

ABBREVIATIONS:—See page 10.

TENSION:—

To get these measurements it is absolutely necessary to work at a tension to produce 7 stitches to the inch, measured over the rib slightly stretched.

The instructions are written for the smaller size [A]. The instructions for the larger size [B] are written in brackets, thus [. . .].

THE LEFT FRONT.—Using the No. 11 Needles, cast on 84 [90] stitches.

1st row.—Knit plain.

Repeat this row five times.

7th row.—Knit plain to the last 4 stitches, wl. fwd., K.2 tog., K.2.

Repeat the 1st row nine times.

Using the No. 9 Needles, proceed as follows:—

1st row.—K.2, * P.1, K.1, repeat from * to the last 8 stitches, K.8.

2nd row.—K.8, * P.1, K.1, repeat from * to the end of the row.

Keeping a border of 8 stitches in Garter Stitch at the centre front, repeat the 1st and 2nd rows ten times, then the 1st row once.

24th row.—K.2, K.2 tog., wl. fwd., K.4, * P.1, K.1, repeat from * to the end of the row.

Repeat the 1st and 2nd rows six times, then the 1st row once.

38th row.—K.8, (P.1, K.1) nine [ten] times, K.34, * P.1, K.1, repeat from * to the end of the row.

39th row.—K.2, (P.1, K.1) eleven [thirteen] times, K.34, (P.1, K.1) nine [ten] times, K.8.

Repeat the 38th and 39th rows twice, then the 38th row once.

45th row.—K.2, (P.1, K.1) eleven [thirteen] times, cast off 34 stitches, (P.1, K.1) nine [ten] times, K.8.

Leave these stitches until the Pocket has been worked.

THE POCKET.—Using the No. 9 Needles, cast on 34 stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row. Repeat this row forty-seven times.

Commencing again on the stitches of the Front, work across the row, working across the pocket stitches in place of the cast-off stitches.

Still keeping the continuity of the rib and the border of 8 plain stitches at the centre front, work a button-hole in the 3rd and every following 24th row, until the 5th button-hole has been worked.

Work 10 rows without shaping.

In the next row, cast off 10 stitches, work in pattern to the last 8 stitches, K.8.

Decrease once at the arm-hole edge in the next and every alternate row until 67 [73] stitches remain. Proceed as follows:—

1st row.—K.2, K.2 tog., wl. fwd., K.4, work in pattern to the end of the row.

2nd row.—K.1, K.2 tog., work in pattern to the last 8 stitches, K.8.

Decrease once at the arm-hole edge in every alternate row, whilst at the same time decreasing once (inside the border) in the next and every following 3rd row, until 59 [65] stitches remain.

Still decreasing (inside the border) in every 3rd row, decrease once at the arm-hole edge in every 4th row, until 55 [61] stitches remain.

Continue decreasing (inside the border) in every 3rd row until 47 [53] stitches remain.

In the next row, work in pattern to the last 8 stitches, K.8. Shape for the shoulders as follows:—

1st row.—K.8, K.2 tog., work in pattern to the last 9 [12] stitches, turn.

2nd and alternate rows.—Work in pattern to the last 8 stitches, K.8.

3rd row.—K.8, work in pattern to the last 18 [24] stitches, turn.

5th row.—K.8, work in pattern to the last 27 [36] stitches, turn.

7th row.—K.8, work in pattern to the end of the row.

8th row.—Cast off 38 [44] stitches, K.8.

Work in Garter Stitch on the remaining 8 stitches for 2 inches. Cast off.

THE RIGHT FRONT.—Work exactly as given for the Left Front, omitting the button-holes and working the border and shaping at the opposite end of the needle.

THE BACK.—Using the No. 11 Needles, cast on 140 [152] stitches.

1st row.—Knit plain to the end of the row.

Repeat this row fifteen times.

Using the No. 9 Needles, proceed as follows:—

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row until the work measures 16 inches from the commencement. Proceed as follows:—

Cast off 10 stitches at the beginning of each of the next 2 rows.

Decrease once at each end of the needle in the next and every alternate row, until 104 [116] stitches remain, then in every 4th row until 98 [110] stitches remain.

Work without shaping until the arm-hole measures the same as the Front arm-hole.

Shape for the shoulders as follows:—

1st and 2nd rows.—Work in pattern to the last 9 [12] stitches, turn.

3rd and 4th rows.—Work in pattern to the last 18 [24] stitches, turn.

5th and 6th rows.—Work in pattern to the last 27 [36] stitches, turn.

7th and 8th rows.—Work in pattern to the last 38 [44] stitches, turn.

9th row.—Work in pattern to the end of the row. Cast off.

THE SLEEVES.—Using the No. 11 Needles, cast on 66 stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row. Repeat this row for 4 inches.

Using the No. 9 Needles, continue in rib, increasing once at each end of the needle in every following 6th row, until there are 100 stitches on the needle.

Continue without shaping until the work measures 20 inches from the commencement. Proceed as follows:—

Cast off 6 stitches at the beginning of the next 2 rows.

Cast off 2 stitches at the beginning of every row, until 28 stitches remain. Cast off.

Work another Sleeve in the same manner.

TO MAKE UP THE CARDIGAN.—With a slightly damp cloth and warm iron, press lightly. Sew up the side, shoulder and sleeve seams. Sew in the sleeves, placing seam to seam. Sew pocket linings into position. Join together the bands from the fronts and sew to the back of the neck. Sew on the buttons to correspond with the button-holes.

MAN'S PULL-OVER (in Three Sizes, With or Without Sleeves)

—“Denis” Design.

(Illustrated on page 4.)

MATERIALS:—

PATON'S “ZINNIA” Knitting Wool

or

PATON'S “TOTEM” Knitting Wool.

“Zinnia”—Khaki (shade 1292)—

	[A]	[B]	[C]
With Sleeves	16 ozs.	16 ozs.	18 ozs.
Without Sleeves	10 ozs.	12 ozs.	12 ozs.

“Beehive” Knitting Needles—1 pair each Nos. 6 and 10.

MEASUREMENTS:—

Length from top of shoulder 22 ins.
or length desired

Width all round

at under-arm . . [A] 38 ins. [B] 40 ins. [C] 42 ins.

Length of sleeve from under-arm 19 ins.
or length desired

ABBREVIATIONS:—See page 10.

TENSION:—

To get these measurements it is absolutely necessary to work at a tension to produce 5 stitches to the inch.

The instructions are written for the smallest size [A]. The instructions for the two larger sizes, [B] and [C], are written in brackets, thus [B—...] [C—...].

THE FRONT.—Using the No. 10 Needles, cast on 86 [B—92] [C—98] stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row twenty-five times.

[A] 27th row.—K.2, P.1, K.1, * (P.1, K.1) three times, P.1, increase once in the next stitch, repeat from * to the last 2 stitches, P.1, K.1 (96 stitches).

[B] 27th row.—K.2, * (P.1, K.1) four times, increase once in the next stitch, (K.1, P.1) four times, increase once in the next stitch, repeat from * to the end of the row (102 stitches).

[C] 27th row.—K.2, P.1, K.1, * (P.1, K.1) four times, increase once in the next stitch, (K.1, P.1) four times, increase once in the next stitch, repeat from * to the last 4 stitches, (P.1, K.1) twice (108 stitches).

Using the No. 6 Needles, proceed as follows:—

1st row.—Knit plain.

2nd row.—K.1, purl to the last stitch, K.1.

Repeat the 1st and 2nd rows until the work measures 14 inches from the commencement, or length desired, ending with a purl row.

In the next row, cast off 9 stitches, K.39 [B—42] [C—45], turn.

Work on these 39 [B—42] [C—45] stitches as follows:—

Decrease once at the arm-hole edge in every alternate row, six times, whilst at the same time decreasing once at the neck edge in every alternate row twice, and then decrease once at the neck edge in every 4th row eleven times (20 [B—23] [C—26] stitches).

Work 2 rows without shaping.

Shape for the shoulder as follows:—

1st row.—K.1, purl to the last 6 [B—7] [C—8] stitches, turn.

2nd row.—Knit plain.

3rd row.—K.1, purl to the last 12 [B—14] [C—16] stitches, turn.

4th row.—Knit plain. Cast off.

Join in the wool at the neck edge and work the other side to correspond.

THE BACK.—Work exactly as given for the Front until the arm-hole is reached, ending with a purl row.

Proceed as follows:—

Cast off 9 stitches at the beginning of the next 2 rows. Decrease once at the beginning and end of the needle in every alternate row six times.

Continue in plain, smooth fabric until the Back arm-hole measures the same as the Front arm-hole, ending with a purl row.

Shape for the shoulders as follows:—

1st and 2nd rows.—Work to the last 6 [B—7] [C—8] stitches, turn.

2nd and 4th rows.—Work to the last 12 [B—14] [C—16] stitches, turn.

5th and 6th rows.—Work to the last 20 [B—23] [C—26] stitches, turn.

7th row.—Work to the end of the row. Cast off.

THE SLEEVES.—Using the No. 6 Needles, cast on 20 stitches.

Work in plain, smooth fabric, casting on 2 stitches at the end of every row, until there are 66 stitches on the needle.

Continue in plain, smooth fabric, decreasing once at the beginning and end of the needle in every 8th row, until 52 stitches remain.

Continue without shaping until the work measures 18 inches from the commencement, or length desired, ending with a purl row.

In the next row, * K.3, K.2 tog., repeat from * to the last 2 stitches, K.2.

Using the No. 10 Needles, proceed as follows:—

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row. Repeat this row for 3 inches. Cast off.

Work another Sleeve in the same manner.

THE NECK BAND.—Sew up the Right Shoulder seam. Using the No. 10 Needles, and with the right side of



the work facing, knit up 49 stitches along the left side of the neck, knit up 49 stitches along the right side of the neck and 26 stitches across the back of the neck (124 stitches).

1st row.—K.1, (P.1, K.1) thirty-six times, K.2 tog., P.1, K.2 tog., (K.1, P.1) twenty-two times, K.2.

2nd row.—K.1, (P.1, K.1) twenty-two times, P.2 tog., K.1, P.2 tog., (K.1, P.1) thirty-five times, K.2.

3rd row.—K.1, (P.1, K.1) thirty-five times, K.2 tog., P.1, K.2 tog., (K.1, P.1) twenty-one times, K.2.

4th row.—K.1, (P.1, K.1) twenty-one times, P.2 tog., K.1, P.2 tog., (K.1, P.1) thirty-four times, K.2.

5th row.—K.1, (P.1, K.1) thirty-four times, K.2 tog., P.1, K.2 tog., (K.1, P.1) twenty times, K.2.

6th row.—K.1, (P.1, K.1) twenty times, P.2 tog., K.1, P.2 tog., (K.1, P.1) thirty-three times, K.2. Cast off.

THE ARM BANDS.—Sew up the Left Shoulder seam.

Using the No. 10 Needles, and with the right side of the work facing, knit up 114 stitches evenly round the arm-holes.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row five times. Cast off.

Work another Arm Band in the same manner.

TO MAKE UP THE PULL-OVER.—With a slightly damp cloth and warm iron, press lightly. Sew up the side and sleeve seams. Sew in the sleeves, placing seam to seam.

MAN'S PULL-OVER (in Two Sizes, With or Without Sleeves)

—“Denis” Design.



(Illustrated on page 4.)

MATERIALS:—

PATON'S “ROSE” Fingering Wool, 4-ply.

With Sleeves [A] 12 ozs. [B] 12 ozs.

Without Sleeves [A] 9 ozs. [B] 9 ozs.

“Beehive” Knitting Needles 1 pair No. 9

1 Set of four No. 12 Needles, with points at both ends.

MEASUREMENTS:—

Length from top of shoulder 21½ ins.
or length desired

Width all round at under-arm [A] 39 ins. [B] 43 ins.

Length of sleeve from under-arm 18 ins.
or length desired

ABBREVIATIONS:—See page 10.

TENSION:—

To get these measurements it is absolutely necessary to work at a tension to produce 7 stitches to the inch.

The instructions are written for the smaller size [A]. The instructions for the larger size [B] are written in brackets, thus [...].

THE FRONT.—Using the No. 12 Needles, cast on 130 [144] stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row twenty-nine times.

Using the No. 9 Needles, proceed as follows:—

1st row.—Knit plain.

2nd row.—K.1, purl to the last stitch, K.1.

Repeat these 2 rows until the work measures 14½ inches, or length desired, from the commencement, ending with a purl row.

Cast off 10 stitches at the beginning of the next 2 rows.

In the next row, K.1, K.2 tog., K.49 [56], K.2 tog., K.1. Work on these 53 [60] stitches as follows:—

1st row.—K.1, purl to the last stitch, K.1.

Decrease once at the arm-hole edge in the next and every alternate row, whilst at the same time decreasing once at the neck edge in the 2nd and every following 3rd row, until 35 [41] stitches remain.

Continue decreasing at the neck edge in every 3rd row until 25 [32] stitches remain.

Work 13 rows without shaping.

Shape for the shoulders as follows:—

1st row.—K.1, purl to the last 8 [11] stitches, turn.

2nd row.—Knit plain to the end of the row.

3rd row.—K.1, purl to the last 16 [22] stitches, turn.

4th row.—Knit plain to the end of the row. Cast off.

Join in the wool at the neck edge, and work the other side to correspond.

THE BACK.—Work exactly as given for the Front until the arm-hole has been reached.

Cast off 10 stitches at the beginning of the next 2 rows. Decrease once at each end of the needle in the next and every alternate row until 86 [100] stitches remain.

Continue without shaping until the work measures the same as the Front arm-hole.

Shape for the shoulders as follows:—

1st and 2nd rows.—Work to the last 8 [11] stitches, turn.

3rd and 4th rows.—Work to the last 16 [22] stitches, turn.

5th and 6th rows.—Work to the last 25 [32] stitches, turn.

7th row.—Knit plain to the end of the row. Cast off.

THE SLEEVES.—Using the No. 9 Needles, cast on 28 stitches.

Work in plain, smooth fabric, casting on 2 stitches at the end of every row, until there are 108 stitches on the needle.

Decrease once at each end of the needle in the 7th and every following 6th row until 100 stitches remain. Then in every 8th row until 76 stitches remain.

Work 3 rows, or length desired, without shaping.

In the next row, K.2, * K.2, K.2 tog., repeat from * to the last 2 stitches, K.2.

Using the No. 12 Needles, proceed as follows:—

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row twenty-nine times. Cast off.

Work another Sleeve in the same manner.

THE NECK BAND.—Sew up the shoulder seams.

Using the No. 12 Needles, and with the right side of the work facing, knit up 42 stitches across the back, 63 down the left side, and 65 down the right side.

1st round.—* K.1, P.1, repeat from * to the end of the round.

2nd round.—(K.1, P.1) fifty-one times, K.2 tog., K.1, K.2 tog., (P.1, K.1) thirty-one times, P.1.

3rd round.—(K.1, P.1) fifty times, K.1, P.2 tog., K.1, P.2 tog., (K.1, P.1) thirty-one times.

4th round.—(K.1, P.1) fifty times, K.2 tog., K.1, K.2 tog., (P.1, K.1) thirty times, P.1.

5th round.—(K.1, P.1) forty-nine times, K.1, P.2 tog., K.1, P.2 tog., (K.1, P.1) thirty times.

6th round.—(K.1, P.1) forty-nine times, K.2 tog., K.1, K.2 tog., (P.1, K.1) twenty-nine times, P.1.

7th round.—(K.1, P.1) forty-eight times, K.1, P.2 tog., K.1, P.2 tog., (K.1, P.1) twenty-nine times.

8th round.—(K.1, P.1) forty-eight times, K.2 tog., K.1, K.2 tog., (K.1, P.1) twenty-eight times, P.1.

9th round.—(K.1, P.1) forty-seven times, K.1, P.2 tog., K.1, P.2 tog., (K.1, P.1) twenty-eight times.

10th round.—(K.1, P.1) forty-seven times, K.2 tog., K.1, K.2 tog., (P.1, K.1) twenty-seven times, P.1. Cast off.

THE ARM BANDS (for Sleeveless Pull-over).—Sew up the side seams.

Using the four No. 12 Needles, knit up 120 stitches round the arm-hole.

1st round.—* K.1, P.1, repeat from * to the end of the round.

Repeat this round for $\frac{3}{4}$ inch. Cast off.

Work another Arm Band in the same manner.

TO MAKE UP THE PULL-OVER.—With a slightly damp cloth and warm iron, press lightly. Sew up the side and sleeve seams. Sew in the sleeves, placing seam to seam.

MAN'S WAISTCOAT—

“Ronald” Design.

(Illustrated on page 5.)



MATERIALS:—

PATON'S SUPER Scotch Fingering Wool, 3-ply.

Grey (shade 68) 6 ozs.

“Beehive” Knitting Needles—1 pair each Nos. 9 and 12.

Four Buttons.

MEASUREMENTS:—

Length from top of shoulder 20 ins.

Width all round at under-arm 37 ins.

ABBREVIATIONS:—See page 10.

TENSION:—

To get these measurements it is absolutely necessary to work at a tension to produce 7 stitches to the inch.

THE LEFT FRONT.—Using the No. 12 Needles, cast on 114 stitches.

1st row.—* K.1, P.1, repeat from * to the last 2 stitches, K.2.

Repeat this row three times.

5th row.—(K.1, P.1) eleven times, K.1, P.2 tog., w.r.n., (P.1, K.1) forty-two times, P.2 tog., w.r.n., P.1, K.2.

Repeat the 1st row thirty-one times.

37th row.—Like the 5th row.

38th row.—Like the 1st row.

Using the No. 9 Needles, proceed as follows:—

1st row.—Knit plain to the last 8 stitches, K.2 tog., (K.1, P.1) twice, K.2.

2nd row.—(K.1, P.1) three times, purl to the last stitch, K.1.

Repeat the 1st and 2nd rows until 88 stitches remain, ending with the 1st row.

Decrease once at the front edge (inside the ribbed border) in every following 3rd row until 83 stitches remain.

Proceed as follows:—

1st row.—K.2, (P.1, K.1) five times, knit plain to the last 6 stitches, (K.1, P.1) twice, K.2.

2nd row.—(K.1, P.1) three times, purl to the last 12 stitches, (P.1, K.1) six times.

3rd row.—K.2, (P.1, K.1) five times, knit plain to the last 8 stitches, K.2 tog., (K.1, P.1) twice, K.2.

4th row.—Like the 2nd row.

5th row.—Like the 1st row.

6th row.—(K.1, P.1) three times, P.2 tog., purl to the last 12 stitches, (P.1, K.1) six times.

7th row.—Cast off 6 stitches, K.2, (P.1, K.1) twice, knit plain to the last 6 stitches, (K.1, P.1) twice, K.2.

8th row.—(K.1, P.1) three times, purl to the last 6 stitches, (P.1, K.1) three times.

Still decreasing at the front edge in every 3rd row, decrease once at the arm-hole edge in the next and every

alternate row (inside the border), until 58 stitches remain. Continue decreasing at the front edge in every 3rd row until 41 stitches remain.

Work 1 row without shaping.

Shape for the shoulder as follows:—

1st row.—(K.1, P.1) three times, purl to the last 11 stitches, turn.

2nd row.—Knit plain to the last 8 stitches, K.2 tog., (K.1, P.1) twice, K.2.

3rd row.—(K.1, P.1) three times, purl to the last 22 stitches, turn.

4th row.—Knit plain to the last 6 stitches, (K.1, P.1) twice, K.2.

5th row.—(K.1, P.1) three times, turn.

6th row.—(K.1, P.1) twice, K.2.

7th row.—(K.1, P.1) three times, purl to the last 6 stitches, (P.1, K.1) three times.

8th row.—Cast off 34 stitches, (K.1, P.1) twice, K.2.

Work 2 inches in rib on the remaining 6 stitches.

Cast off.

THE RIGHT FRONT.—Using the No. 12 Needles, cast on 114 stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat the 1st row thirty-seven times.

Using the No. 9 Needles, proceed as follows:—

1st row.—K.2, (P.1, K.1) twice, K.2 tog., knit plain to the end of the row.

2nd row.—K.1, purl to the last 6 stitches, (P.1, K.1) three times.

Repeat the 1st and 2nd rows until 88 stitches remain, ending with the 1st row.

Decrease once at the front edge in every following 3rd row (inside the border) until 83 stitches remain.

Proceed as follows:—

1st row.—K.2, (P.1, K.1) twice, knit plain to the last 12 stitches, (K.1, P.1) five times, K.2.

2nd row.—(K.1, P.1) six times, purl to the last 6 stitches, (P.1, K.1) three times.

3rd row.—K.2, (P.1, K.1) twice, K.2 tog., knit plain to the last 12 stitches, (K.1, P.1) five times, K.2.

4th row.—Like the 2nd row.

5th row.—K.2, (P.1, K.1) twice, knit plain to the last 12 stitches, (K.1, P.1) five times, K.2.

6th row.—(K.1, P.1) six times, purl to the last 8 stitches, P.2 tog., (P.1, K.1) three times.

7th row.—Like the 5th row.

8th row.—Cast off 6 stitches, (K.1, P.1) three times, purl to the last 6 stitches, (P.1, K.1) three times.

Still decreasing at the front edge in every 3rd row, decrease once at the arm-hole edge in the next and every

alternate row (inside the border), until 58 stitches remain. Continue decreasing at the front edge in every 3rd row until 41 stitches remain.

Shape for the shoulder as follows:—

1st row.—K.2, (P.1, K.1) twice, knit plain to the last 11 stitches, turn.

2nd row.—Purl to the last 6 stitches, (P.1, K.1) three times.

3rd row.—K.2, (P.1, K.1) twice, K.2 tog., knit plain to the last 22 stitches, turn.

4th row.—Like the 2nd row.

5th row.—K.2, (P.1, K.1) twice, turn.

6th row.—(P.1, K.1) three times.

7th row.—K.2, (P.1, K.1) twice, knit plain to the last 6 stitches, (K.1, P.1) twice, K.2.

8th row.—Cast off 34 stitches, K.2, (P.1, K.1) twice.

Work 2 inches in rib on the remaining 6 stitches.

Cast off.

THE BACK.—Using the No. 12 Needles, cast on 132 stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row thirty-seven times.

Using the No. 9 Needles, proceed as follows:—

1st row.—Knit plain.

2nd row.—K.1, purl to the last stitch, K.1.

Repeat these 2 rows until the work measures the same as the Front to the ribbing at the under-arm, ending with a purl row.

Proceed as follows:—

1st row.—K.2, (P.1, K.1) five times, knit plain to the last 12 stitches, (K.1, P.1) five times, K.2.

2nd row.—(K.1, P.1) six times, purl to the last 12 stitches, (P.1, K.1) six times.

Repeat these 2 rows twice.

7th row.—Cast off 6 stitches, K.2, (P.1, K.1) twice, knit plain to the last 12 stitches, (K.1, P.1) five times, K.2.

8th row.—Cast off 6 stitches, (K.1, P.1) three times, purl to the last 6 stitches, (P.1, K.1) three times.

Decrease once at each end of the needle (inside the border) in the next and every alternate row until 102 stitches remain.

Continue without shaping until the arm-hole measures the same as the Front arm-hole, ending with a purl row.

Shape for the shoulders as follows:—

1st row.—K.2, (P.1, K.1) twice, knit plain to the last 11 stitches, turn.

2nd row.—Purl to the last 11 stitches, turn.

3rd row.—Knit plain to the last 22 stitches, turn.

4th row.—Purl to the last 22 stitches, turn.

5th row.—Knit plain to the last 33 stitches, turn.

6th row.—Purl to the last 33 stitches, turn.

7th row.—Knit plain to the last 6 stitches, (K.1, P.1) twice, K.2. Cast off.

TO MAKE UP THE WAISTCOAT.—With a slightly damp cloth and warm iron, press lightly. Sew up the side and shoulder seams. Join together the bands from the front and sew to the back of the neck. Sew on buttons to correspond with the button-holes.

MAN'S SLEEVELESS WAISTCOAT— "Graham" Design.

(Illustrated on page 6.)



MATERIALS:—

PATON'S "ZINNIA" Knitting Wool

or

PATON'S "TOTEM" Knitting Wool.

"Zinnia"—Fawn (shade 01911) 10 ozs.

"Beehive" Knitting Needles 1 pair No. 6

MEASUREMENTS:—

Length from top of shoulder 24 ins.

Width all round at under-arm 37 ins.

ABBREVIATIONS:—See page 10.

TENSION:—

To get these measurements it is absolutely necessary to work at a tension to produce 5 stitches to the inch in width.

THE LEFT FRONT.—Cast on 46 stitches.

Work 2 rows in plain knitting.

3rd row.—Knit plain to the last 4 stitches, wl. fwd., K.2 tog., K.2.

Work 7 rows in plain knitting.

11th row.—Knit plain.

12th row.—K.6, purl to the last stitch, K.1.

Repeat the 11th and 12th rows seven times.

27th row.—Like the 3rd row.

Repeat the 12th row once, then the 11th and 12th rows three times.

35th row.—Knit plain.

36th row.—K.6, P.14, K.20, P.5, K.1.

Repeat the 35th and 36th rows once, then the 35th row once.

40th row.—K.6, P.14, cast off 20 stitches knitways, P.5, K.1.

Leave these stitches until Pocket has been worked.

THE POCKET.—Cast on 20 stitches.

1st row.—Knit plain.

2nd row.—K.1, purl to the last stitch, K.1.

Repeat the 1st and 2nd rows fourteen times.

Commencing again on the stitches of the Front, work across the row, working across the pocket stitches in place of the cast-off stitches.

Continue in plain, smooth fabric (keeping the border of 6 stitches in plain knitting at the front edge), making a button-hole in the 10th and every following 24th row, until five button-holes have been worked from the commencement. Proceed as follows:—

1st row.—K.6, purl to the last 9 stitches, K.9.

2nd, 4th and 6th rows.—Knit plain.

3rd row.—K.6, purl to the last 10 stitches, K.10.

5th row.—K.6, purl to the last 11 stitches, K.11.

7th row.—K.6, purl to the last 12 stitches, K.12.

8th row.—Cast off 6 stitches, knit plain to the end of the row.

9th row.—K.6, purl to the last 6 stitches, K.6.

10th row.—K.6, K.2 tog., knit plain to the end of the row.

Repeat the 9th and 10th rows five times.

Work 5 rows in pattern without shaping, making a button-hole in the 4th row.

Continue in plain, smooth fabric, keeping the plain knitted border and decreasing once at the front edge (inside the border) in the next and every following 4th row, until 27 stitches remain.

Work 4 rows without shaping.

Shape for the shoulder as follows:—

1st row.—K.6, P.14, turn.

2nd, 4th and 6th rows.—Knit plain to the end of the row.

3rd row.—K.6, P.7, turn.

5th row.—K.6, turn.

7th row.—K.6, purl to the last stitch, K.1.

8th row.—Cast off 21 stitches, K.6.

Work 2 inches in plain knitting on the remaining 6 stitches. Cast off.

THE LEFT FRONT.—Cast on 46 stitches.

Work 10 rows in plain knitting.

11th row.—Knit plain.

12th row.—K.1, purl to the last 6 stitches, K.6.

Repeat the 11th and 12th rows eleven times.

35th row.—Knit plain.

36th row.—K.1, P.5, K.20, P.14, K.6.

Repeat the 35th and 36th rows once, then the 35th row once.

40th row.—K.1, P.5, cast off 20 stitches knitways, P.14, K.6.

Leave these stitches until the Pocket has been worked. Work a Pocket as given for the Left Front. Commencing again on the stitches of the Front, work across the row, working across the pocket stitches in place of the cast-off stitches.

Continue in plain, smooth fabric (keeping the border of 6 stitches in plain knitting) until the work measures the same as the Left Front to the plain knitting at the under-arm, ending with a plain, knitted row.

Proceed as follows:—

1st row.—K.9, purl to the last 6 stitches, K.6.

2nd, 4th, 6th and 8th rows.—Knit plain.

3rd row.—K.10, purl to the last 6 stitches, K.6.

5th row.—K.11, purl to the last 6 stitches, K.6.

7th row.—K.12, purl to the last 6 stitches, K.6.

9th row.—Cast off 6 stitches, K.6, purl to the last 6 stitches, K.6.

10th row.—Knit plain to the last 8 stitches, K.2 tog., K.6.

11th row.—K.6, purl to the last 6 stitches, K.6.

Repeat the 10th and 11th rows five times.

Work 4 rows without shaping.

Continue in plain, smooth fabric, keeping the plain knitted border, decreasing once at the front edge (inside the border) in the next and every following 4th row, until 27 stitches remain.

Work 3 rows without shaping.

Shape for the shoulder as follows:—

1st row.—Knit plain to the last 7 stitches, turn.

2nd and 4th rows.—Purl to the last 6 stitches, K.6.

3rd row.—Knit plain to the last 14 stitches, turn.

5th and 6th rows.—K.6.

7th row.—Knit plain to the end of the row.

8th row.—Cast off 21 stitches, K.6.

Work 2 inches in plain knitting on the remaining 6 stitches. Cast off.

THE BACK.—Cast on 86 stitches.

Work 10 rows in plain knitting.

11th row.—Knit plain.

12th row.—K.1, purl to the last stitch, K.1.

Repeat the 11th and 12th rows until the Back measures the same as the Front to the plain knitting at the under-arm, ending with the 11th row. Proceed as follows:—

1st row.—K.9, purl to the last 9 stitches, K.9.

2nd and alternate rows.—Knit plain.

3rd row.—K.10, purl to the last 10 stitches, K.10.

5th row.—K.11, purl to the last 11 stitches, K.11.

7th row.—K.12, purl to the last 12 stitches, K.12.

8th row.—Cast off 6 stitches, knit plain to the last 12 stitches, K.12.

9th row.—Cast off 6 stitches, purl to the last 6 stitches, K.6.

10th row.—K.6, K.2 tog., knit plain to the last 8 stitches, K.2 tog., K.6.

11th row.—K.6, purl to the last 6 stitches, K.6.

Repeat the 10th and 11th rows five times.

Continue without shaping until the arm-hole measures the same as the Front arm-hole, ending with a purl row.

Shape for the shoulders as follows:—

1st row.—Knit plain to the last 7 stitches, turn.

2nd row.—Purl to the last 7 stitches, turn.

3rd row.—Knit plain to the last 14 stitches, turn.

4th row.—Purl to the last 14 stitches, turn.

5th row.—Knit plain to the last 21 stitches, turn.

6th row.—Purl to the last 21 stitches, turn.

7th row.—Knit plain to the end of the row. Cast off.

TO MAKE UP THE WAISTCOAT.—With a slightly damp cloth and warm iron, press lightly. Sew the pocket linings in position on the wrong side. Sew up the shoulder

and side seams. Join together the bands from the fronts and sew to the back of the neck. Sew on buttons to correspond with the button-holes.

MAN'S MILITARY HELMET—

“George” Design.



(Illustrated on Front Cover and on page 7.)

MATERIALS:—

PATON'S “ZINNIA” Knitting Wool

or

PATON'S “TOTEM” Knitting Wool.

“Zinnia”—Khaki (shade 1292) 5 ozs.

“Beehive” Knitting Needles 1 pair No. 6
Three Buttons.

MEASUREMENT:—

Width all round brim 22 ins.

ABBREVIATIONS:—See page 10.

TENSION:—

To get this measurement it is absolutely necessary to work at a tension to produce 5 stitches to the inch in width.

Cast on 60 stitches.

1st row.—(K.1, increase once in the next stitch, K.26, increase once in the next stitch) twice, K.2.

2nd and alternate rows.—K.1, purl to the last stitch, K.1.

3rd row.—(K.1, increase once in the next stitch, K.28, increase once in the next stitch) twice, K.2.

5th row.—(K.1, increase once in the next stitch, K.30, increase once in the next stitch) twice, K.2.

Continue increasing in this manner until there are 104 stitches on the needle.

Work 7 inches in plain, smooth fabric, ending with a purl row.

Shape for the crown as follows:—

1st row.—K.1, (K.2 tog. through the back of the loops, K.47, K.2 tog.) twice, K.1.

2nd and alternate rows.—K.1, purl to the last stitch, K.1.

3rd row.—K.1, (K.2 tog. through the back of the loops, K.45, K.2 tog.) twice, K.1.

5th row.—K.1, (K.2 tog. through the back of the loops, K.43, K.2 tog.) twice, K.1.

Continue decreasing in this manner until 60 stitches remain, ending with a purl row. Cast off.

THE FRONT BAND.—Cast on 72 stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row for 3 inches. Cast off.

THE BACK BAND.—Cast on 96 stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row for 3 inches.

In the next row, K.2, (P.1, K.1) fifteen times, cast off 32 stitches, (P.1, K.1) sixteen times.

Work in rib on the last 32 stitches, decreasing once at each end of the needle in the 3rd and every following row, until 12 stitches remain. Proceed as follows:—

1st row.—K.1, P.2 tog., K.1, P.1, cast off 2 stitches, K.1, P.1, K.2 tog., K.1.

2nd row.—K.1, K.2 tog., P.1, cast on 2 stitches, K.1, P.2 tog., K.1.

3rd row.—K.1, P.2 tog., K.1, P.1, K.2 tog., K.1.

4th row.—K.1, K.2 tog., P.2 tog., K.1.

5th row.—(K.2 tog.) twice. Cast off.

Join in the wool and work on the remaining 32 stitches in the same manner.

TO MAKE UP THE HELMET.—With a slightly damp cloth and warm iron, press lightly. Fold the cap with the wrong sides together, placing the cast-off edge to the cast-on edge. Sew up the side seams and across the top. Leave 7 inches plain at the back and sew the front band firmly in position along the lower edge of the front. Sew the ends of the band to the cap. Leave $5\frac{1}{2}$ inches plain at the front and sew the back band in position to overwrap the front band at the sides. Sew 2 buttons on the cap 2 inches above the ribbed band at each side. Sew the other button immediately below the button-hole of the right point on the inside.

BALACLAVA HELMET—

“Neil” Design.

(Illustrated on page 7.)

PATON'S “TOTEM” Knitting Wool

or

PATON'S “ZINNIA” Knitting Wool.

“Totem” Navy Blue (shade 244) 6 ozs.

“Beehive” Knitting Needles—

Four No. 6, with points at both ends.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce 5 stitches to the inch.

Cast on 100 stitches, 36 on the first needle and 32 on each of the second and third needles.

1st round.—* K.2, P.2, repeat from * to the end of the round.

Repeat the 1st round for 12 inches.

To make the opening for the face, in the next round, K.2, cast off 22 stitches, continue in pattern to the end of the round.

Work backwards and forwards on the remaining 78 stitches as follows:—

1st row.—K.1, P.1, * K.2, P.2, repeat from * to the last 4 stitches, K.2, P.1, K.1.

2nd row.—* K.2, P.2, repeat from * to the last 2 stitches, K.2.

Repeat the 1st and 2nd rows five times, casting on 22 stitches at the end of the last row.

Divide stitches evenly on to three needles as before.

Continue working in rounds of (K.2, P.2) for 4 inches. Shape for the crown as follows:—

1st round.—* K.18, K.2 tog., repeat from * to the end of the round.

2nd and alternate rounds.—Knit plain.

3rd round.—* K.17, K.2 tog., repeat from * to the end of the round.

5th round.—* K.16, K.2 tog., repeat from * to the end of the round.

Continue in this manner, decreasing in every alternate round, until 25 stitches remain.

Break off the wool and run the end through the remaining stitches, draw up, and fasten off securely.

With a slightly damp cloth and warm iron, press lightly.

KNITTED SPORTS CAP—

“Alan” Design.

(Illustrated on Back Cover.)



MATERIALS:—

PATON'S “ZINNIA” Knitting Wool

or

PATON'S “TOTEM” Knitting Wool.

“Zinnia”—Dark Grey (shade 13 $\frac{1}{2}$) 4 ozs.

“Beehive” Knitting Needles 1 pair No. 7

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce $5\frac{1}{2}$ stitches to the inch.

Cast on 60 stitches.

**** 1st row.**—Knit plain.

2nd row.—K.44, turn.

3rd and alternate rows.—Knit plain.

4th row.—K.46, turn.

8th row.—K.50, turn.

12th row.—K.54, turn.

16th row.—K.58, turn.

Repeat from ** to ** three times.

In the next row, K.32, cast off 14 stitches, K.14.

Work 47 rows in plain knitting on the last 14 stitches.

Break off the wool and leave these stitches.

Join in the wool where the other stitches were left, and proceed as follows:—

***** 1st row.**—K.16, turn.

2nd and alternate rows.—Knit plain.

3rd row.—K.18, turn.

7th row.—K.22, turn.

11th row.—K.26, turn.

15th row.—K.30, turn.

16th, 17th and 18th rows.—Knit plain. ***

Repeat from *** to *** once, then from the 1st to the 14th rows once, casting on 14 stitches at the end of the last row, and knitting across the 14 stitches which were left. Proceed as follows:—

1st row.—K.58, turn.

2nd and 3rd rows.—Knit plain.

Repeat from ** to ** four times. Cast off.

THE NEB.—Cast on 28 stitches.

1st row.—Knit plain.

2nd row.—K.1, K.2 tog., knit plain to the last 3 stitches, K.2 tog., K.1.

Repeat these 2 rows until 14 stitches remain. Cast off.

Work another Piece in the same manner.

TO MAKE UP THE CAP.—With a slightly damp cloth and warm iron, press lightly. Sew up the seam of the cap. Sew together the two pieces of the neb, leaving the cast-on edges open. Turn inside out and sew together the two straight sides, then sew the straight side to the top of the opening at the front.

MAN'S SLEEPING CAP—

“Philip” Design.

(Illustrated on Back Cover.)



MATERIALS:—

PATON'S “ZINNIA” Knitting Wool

or

PATON'S “TOTEM” Knitting Wool.

“Zinnia”—Khaki (shade 1292) 2 ozs.

“Beehive” Knitting Needles—

Four No. 6, with points at both ends.

MEASUREMENT:—

Width all round headband 20 ins.

ABBREVIATIONS:—See page 10.

TENSION:—

To get this measurement it is absolutely necessary to work at a tension to produce 5 stitches to the inch.

Cast on 100 stitches, 36 on the first needle and 32 on each of the second and third needles.

1st round.—* K.2, P.2, repeat from * to the end of the round. Repeat this round seventeen times.

19th round.—Knit plain.

Repeat this round for 4 inches.

Shape for the crown as follows:—

1st round.—* K.18, K.2 tog., repeat from * to the end of the round.

2nd and alternate rounds.—Knit plain.

3rd round.—* K.17, K.2 tog., repeat from * to the end of the round.

5th round.—* K.16, K.2 tog., repeat from * to the end of the round.

Continue decreasing in this manner until 25 stitches remain.

Break off the wool and run the end through the remaining stitches, draw up and fasten off securely.

TO MAKE UP THE SLEEPING CAP.—With a slightly damp cloth and warm iron, press lightly. Turn back the brim.

MAN'S HELMET WITH CAPE PIECES—

"Roger" Design.

(Illustrated on Back Cover.)

**MATERIALS:—**

PATON'S "ZINNIA" Knitting Wool

or

PATON'S "TOTEM" Knitting Wool.

"Zinnia"—Navy Blue (shade 244) 5 ozs.

"Beehive" Knitting Needles 1 pair No. 6

1 Set of four No. 6 Needles, with points at both ends.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce 5 stitches to the inch.

Using the No. 6 Needles, cast on 24 stitches.

1st row.—K.1, increase once in the next stitch, knit plain to the last 3 stitches, increase once in the next stitch, K.2. **2nd row.**—Knit plain.

Repeat the 1st and 2nd rows until there are 44 stitches on the needle.

Work 5 inches in plain knitting.

Leave these stitches on a spare needle, and work another piece in the same manner.

Place the two pieces together, and, using a needle with points at both ends, K.29; taking a second needle, K.29; taking a third needle, K.30.

Work in rounds in rib of (K.2, P.2) for 4 inches.

Proceed as follows:—

K.13, slip the 18 stitches on to a thread, leaving these stitches for the face opening.

Work backwards and forwards in plain knitting on the remaining stitches for 58 rows. Proceed as follows:—

1st row.—K.46, slip 1, K.1, p.s.s.o., turn.

2nd row.—K.23, slip 1, K.1, p.s.s.o., turn.

Repeat the 2nd row until all the stitches are worked on to one needle (24 stitches). Break off the wool.

Commencing again on the 18 stitches which were left, work across in rib, knit up 15 stitches, and, taking a second needle, knit up 14 stitches along the edge of the plain, knitted rows, work across the 24 stitches at the top of the face in rib of (K.2, P.2); with a third needle, knit up 29 stitches along the edge of the plain knitted rows.

Work 11 rounds in rib of (K.2, P.2). Cast off.

TO MAKE UP THE HELMET.—With a slightly damp cloth and warm iron, press lightly.

"THOMAS" SPLINT COVER.

(Illustrated on page 8.)

**MATERIALS:—**

PATON'S "WILDFLOWER" Sports Wool.

or

PATON'S "ZINNIA" Knitting Wool.

"Wildflower" Sports—Fawn (shade 621) 15 ozs.

"Zinnia"—(shade 521) 14 ozs.

"Beehive" Knitting Needles 1 pair No. 7

48 Buttons. 10 Press Studs.

MEASUREMENT:—

Length from thigh to ankle 34 ins.

ABBREVIATIONS:—See page 10.

TENSION:—

To get this measurement it is absolutely necessary to work at a tension to produce $4\frac{1}{2}$ stitches to the inch.

THE UPPER SECTION.—**Cast on** 140 stitches, and work 4 rows in Garter Stitch (i.e., every row plain).

**** 5th row.**—K.3, cast off 2 stitches, knit plain to the end of the row.

6th row.—Knit plain to the last 3 stitches, cast on 2 stitches, K.3. Work 4 rows in Garter Stitch.

11th row.—K.1, K.2 tog., knit plain to the last 3 stitches, K.2 tog., K.1.

Work 5 rows in Garter Stitch. ******

Repeat from ** to ** eleven times.

Repeat the 5th and 6th rows once.

Work 3 rows. Cast off.

THE LOWER SECTION.—**Cast on** 108 stitches.

Work 4 rows.

**** 5th row.**—K.3, cast off 2 stitches, knit plain to the end of the row.

6th row.—Knit plain to the last 3 stitches, cast on 2 stitches, K.3. Work 4 rows.

11th row.—K.1, K.2 tog., knit plain to the last 3 stitches, K.2 tog., K.1. Work 5 rows. ******

Repeat from ** to ** nine times, repeat the 5th and 6th rows once. Work 3 rows. Cast off.

THE TOE SECTION.—**Cast on** 16 stitches.

1st row.—Knit plain.

2nd row.—Increase once in the first stitch, knit plain to the last stitch, increase once in the last stitch.

3rd row.—Knit plain.

Continue working in Garter Stitch, increasing once at each end of the needle in the next and every alternate row, until there are 36 stitches on the needle.

Work 58 rows without shaping. Cast off.

Work another Section in the same manner.

THE HEEL SECTION.—**Cast on** 20 stitches.

Work 3 rows.

4th row.—Increase once in the first stitch, knit plain to the last stitch, increase once in the last stitch.

Work 3 rows.

Continue working in Garter Stitch, increasing once at each end of the needle in the next and every following 4th row, until there are 36 stitches on the needle. Work 13 rows without shaping. Cast off.

TO MAKE UP THE COVER.—With a slightly damp cloth and warm iron, press lightly. Sew the toe sections together. Fold the lower section in half. Sew the base of the toe section to the ankle edge of the lower section, commencing $1\frac{1}{2}$ inches from the button-hole edge. Sew the rounded edge of the heel section to the remaining half of the lower section, overlapping the base of the lower section for $1\frac{1}{2}$ inches. Sew on the press studs to fasten the heel and the toe and the upper and lower sections together. Sew on 2 rows of buttons to correspond with the button-holes, the first row $1\frac{1}{4}$ inches from the edge, the second row $3\frac{1}{2}$ inches from the edge.

HOSPITAL STOCKING (With or Without Foot).

(Illustrated on page 8.)



MATERIALS:—

PATON'S "WILDFLOWER" Sports Wool.

Blue (shade 02302)—

Without Foot 5 ozs.

With Foot 6 ozs.

"Beehive" Knitting Needles 1 pair No. 5

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce $4\frac{1}{2}$ stitches to the inch, measured over the rib.

WITHOUT FOOT.—Cast on 88 stitches.

1st row.—K.4, * P.2, K.2, repeat from * to the end of the row. Repeat this row until 10 inches are worked.

Proceed as follows:—

1st row.—K.4, * P.2 tog., K.2, repeat from * to the end of the row.

2nd row.—K.3, * P.2, K.1, repeat from * to the last stitch, K.1.

3rd row.—K.4, * P.1, K.2, repeat from * to the end of the row.

Repeat the last 2 rows until 20 inches are worked from the commencement.

Finish with the right side of the work facing to you. Then decrease again as follows:—

1st row.—K.2, * knit together the 2 knitted stitches of the rib, P.1, repeat from * to the last 2 stitches, K.2.

2nd row.—K.3, P.1, * K.1, P.1, repeat from * to the last 2 stitches, K.2.

Repeat the last row for 8 more inches. Cast off loosely. Sew up the seam.

WITH FOOT.—Follow the directions above, then, without casting off, add the foot as follows:—

K.15, then work backwards and forwards on the next 16 stitches for $7\frac{1}{2}$ inches.

Break off the thread and leave these stitches on a spare needle, fastening in the ends securely.

Commence again where the K.15 were left at the ankle. Continue (with the same needle on which the 15 stitches are), and knit up 20 stitches along the side of the instep piece and 8 stitches across the toe.

Take another needle and (still following round the foot), knit the remaining 8 stitches across the toe, knit up 20 stitches along the other side of the instep, and the 15 stitches at the ankle.

Knit backwards and forwards in Garter Stitch on these 2 needles for 21 rows without shaping, then decrease once

at the beginning and end of each of the 2 needles, until only 58 stitches remain. Cast off. Sew up the seam.

HOSPITAL SLEEVE.

(Illustrated on page 8.)



MATERIALS:—

PATON'S "WILDFLOWER" Sports Wool.

Grey (shade 53) 3 ozs.

"Beehive" Knitting Needles 1 pair No. 8

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce $5\frac{1}{2}$ stitches to the inch.

Cast on 72 stitches, and work the 1st row, as given for the Hospital Stocking, for 7 inches. Proceed as follows:—

1st row.—K.4, * P.2 tog., K.2, repeat from * to the end of the row.

2nd row.—K.3, * P.2, K.1, repeat from * to the last stitch, K.1.

3rd row.—K.4, * P.1, K.2, repeat from * to the end of the row.

Repeat the 2nd and 3rd rows for 7 inches.

Proceed as follows:—

1st row.—K.2, * knit together the 2 knitted stitches of the rib, P.1, repeat from * to the last 2 stitches, K.2.

2nd row.—K.3, P.1, * K.1, P.1, repeat from * to the last 2 stitches, K.2.

Repeat this row for 6 inches (or length desired).

Cast off loosely.

Sew up the seam.

KNEE CAP—Fig. A.

(Illustrated on page 9.)



MATERIALS:—

PATON'S SUPER Scotch Fingering Wool, 4-ply.

White 2 ozs.

"Beehive" Knitting Needles 1 pair No. 12

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce 9 stitches to the inch.

Cast on 76 stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row. Repeat this row for $3\frac{3}{4}$ inches.

Work 6 rows in Garter Stitch (i.e., every row plain).

Proceed as follows:—

1st row.—Knit plain to the last 2 stitches, turn.

2nd row.—Like the 1st row.

3rd row.—Knit plain to the last 4 stitches, turn.

4th row.—Like the 3rd row.

Continue in this manner, working 2 stitches less at the end of the needle in every row, until 12 stitches remain between the shapings. Proceed as follows:—

1st row.—K.14, turn.

2nd row.—K.16, turn.

3rd row.—K.18, turn.

4th row.—K.20, turn.

Continue in this manner, working 2 stitches more at the end of the needle in every row between the shapings, until all the 76 stitches are knitted again.

Work 6 rows in Garter Stitch without shaping.

Proceed as follows:—

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row. Repeat this row for $3\frac{3}{4}$ inches. Cast off.

Work another Knee-cap in the same manner.

TO MAKE UP THE KNEE-CAPS.—With a slightly damp cloth and warm iron, steam, but do not press. Sew up the seams.

KNEE CAP—Fig. B.

(Illustrated on page 9.)



MATERIALS:—

PATON'S "ROSE" Fingering Wool, 4-ply.

Fawn (shade 2065) 3 ozs.

"Beehive" Knitting Needles 1 pair No. 8

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce 6 stitches to the inch. Cast on 84 stitches.

1st row.—* K.2, P.2, repeat from * to the last 4 stitches, K.2, P.1, K.1. Repeat this row for 4 inches.

Shape for the cap as follows:—

1st row.—(K.2, P.2) twelve times, turn.

2nd row.—K.12, turn. 3rd row.—K.13, turn.

4th row.—K.14, turn.

Continue in this manner, knitting 1 stitch more in each row until 20 stitches of ribbing are left on each side of the cap, turn.

Leaving these 20 stitches on each side unworked, knit to the last 3 stitches of the cap, K.2 tog., K.1, turn.

In the next row, knit to the last 3 stitches of the cap, K.2 tog., K.1, turn.

Continue in this manner, decreasing once at the end of every row, until 12 stitches remain.

Knit up 16 stitches along the side of the cap, then work 20 stitches in rib.

In the next row, (K.2, P.2) twelve times, knit up 16 stitches purlways along the other side of the cap, (K.2, P.2) four times, K.2, P.1, K.1.

Work 4 inches in rib of (K.2, P.2). Cast off.

Work another Knee Cap in the same manner.

TO MAKE UP THE KNEE CAPS.—With a slightly damp cloth and warm iron, press lightly. Sew up the seams.

HOSPITAL SLIPPERS—

Fig. C.

(Illustrated on page 9.)



MATERIALS:—

"GNOME" Rug Wool.

Steel Blue (shade 291) 7 ozs.

"Beehive" Knitting Needles—

1 Set of four No. 4, with points at both ends.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce $3\frac{1}{2}$ stitches to the inch.

Using 1 pair of Needles, cast on 14 stitches.

1st row.—* K.1, P.1, repeat from * to the end of the row.

2nd row.—* P.1, K.1, repeat from * to the end of the row. Repeat these 2 rows twice.

On the second pair of needles, cast on 18 stitches.

Repeat the 1st and 2nd rows four times.

The smaller of these pieces is for the Front and the larger for the Back.

Working on the Front Section, work 12 stitches in Moss Pattern, place the Back Section behind the Front Section, and knit together 2 stitches from each needle, work 4 stitches in Moss Pattern; using a 3rd needle, work

10 stitches in Moss Pattern, knit together 2 stitches from each needle, the Front overlapping the Back.

Divide these 28 stitches on to three needles.

Work 3 rounds in rib of (K.2, P.2).

Work 14 rows in plain, smooth fabric on the 16 stitches of the Back.

With the inside of the Slipper facing, turn the heel as follows:—P.9, P.2 tog., turn, K.3, slip 1, K.1, p.s.s.o., turn, P.3, P.2 tog., P.1, turn; K.4, slip 1, K.1, p.s.s.o., K.1, turn; P.5, P.2 tog., P.1, turn; K.6, slip 1, K.1, p.s.s.o., K.1, turn; P.7, P.2 tog., turn; K.7, slip 1, K.1, p.s.s.o.

Using a second needle, knit up 8 stitches down the side of the heel.

Work in rib of (K.2, P.2) across the Front stitches.

Using a third needle, knit up 8 stitches at the other side of the heel, and half the heel stitches.

Shape for the instep as follows:—

1st round.—On the first needle, knit plain to the last 3 stitches, K.2 tog., K.1; on the second needle, work in rib; on the third needle, K.1, slip 1, K.1, p.s.s.o., knit plain to the end of the needle.

Work 1 round without shaping.

Continue working in this manner until 8 stitches remain on each of the first and third needles.

Work 18 rounds without shaping.

Proceed as follows:—

1st round.—On the first needle, knit plain to the last 3 stitches, slip 1, K.1, p.s.s.o., K.1; on the second needle, knit plain; on the third needle, K.1, K.2 tog., knit plain to the end of the needle.

Work 3 rounds without shaping.

Repeat these 4 rounds once, then the 1st round once.

Work 1 round without shaping.

Repeat the 1st round until 3 stitches remain on each of the first and third needles. Proceed as follows:—

On the second needle, K.10, turn; purl 8, turn; knit plain to the end of the row.

Place the stitches from the first and third needles on to one needle.

Thread a darning needle with wool, and run through stitch on the back needle and 2 stitches on the front needle, until all the stitches have been worked off. Fasten off securely.

Work another Slipper in the same manner.

With a slightly damp cloth and warm iron, press lightly.

HEEL-LESS BED SOCKS—

Fig. D.

(Illustrated on page 9.)



MATERIALS:—

PATON'S "WILDFLOWER" Sports Wool

Blue (shade 02302) 6 ozs.

"Beehive" Knitting Needles 1 pair No. 6

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at tension to produce 5 stitches to the inch.

Cast on 90 stitches.

** 1st and 2nd rows.—Knit plain.

3rd row.—K.1, P.29, K.60.

4th row.—Knit plain. 5th row.—Like the 3rd row.

6th and 7th rows.—Knit plain.

8th row.—K.60, P.29, K.1. 9th row.—Knit plain.

10th row.—Like the 8th row. **

Repeat from ** to ** five times. Cast off loosely.

Work another Bed Sock in the same manner.

HEEL-LESS SOCKS OR BED SOCKS—Fig. E.

(Illustrated on page 9.)



MATERIALS:—

PATON'S "EDINA" Fingering Wool.

Khaki (shade 1292) 3 ozs.

"Beehive" Knitting Needles—

1 Set of four No. 7, with points at both ends.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce $5\frac{1}{2}$ stitches to the inch in width.

(When joining wool, always splice never knot.)

(Wind 1 skein into two equal balls, using $1\frac{1}{2}$ ozs. for each sock.)

Cast on 48 stitches, 16 on each of three needles.

1st round.—* K.2, P.2, repeat from * to the end of the round. Repeat this round twenty-nine times.

Continue in plain, smooth fabric until the work measures 20 inches from the commencement.

Place 12 stitches on the 1st and 3rd needles and 24 stitches on the 2nd needle.

In the next round, on the first needle, knit plain to the last 3 stitches, slip 1, K.1, p.s.s.o., K.1; on the second needle, K.1, K.2 tog., knit plain to the last 3 stitches, slip 1, K.1, p.s.s.o., K.1; on the third needle, K.1, K.2 tog., knit plain to the end of the needle.

Work 2 rounds without shaping.

Repeat these 3 rounds until 12 stitches remain.

Graft the toe.

Work another Sock in the same manner.

With a slightly damp cloth and warm iron, press lightly.

MAN'S GLOVES—Fig. F.

(Illustrated on page 9.)



MATERIALS:—

PATON'S "TOTEM" Knitting Wool

or

PATON'S "ZINNIA" Knitting Wool.

"Totem"—Navy Blue (shade 244) 4 ozs.

"Beehive" Knitting Needles . . . 1 Set of four No. 13

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce $7\frac{1}{2}$ stitches to the inch.

THE RIGHT HAND.—** Cast on 56 stitches, 16 on the first needle, and 20 on each of the second and third. Work 40 rounds in rib of (K.2, P.2).

Shape as follows:—

1st round.—P.1, increase once in each of the next 2 stitches, K.1, P.1, knit plain to the end of the round (purled stitches mark gusset for the Thumb).

* Work 2 rounds plain without shaping, purling the stitches which were purled previously.

4th round.—P.1, increase once in the next stitch, knit to last 2 stitches before next purled stitch, increase once in the next stitch, K.1, P.1, knit to the end of the round. * Repeat from * to * until there are 19 stitches between 2 purled stitches.

In the next round, K.1, slip the 19 thumb stitches on to a thread, and leave them; cast on 5 stitches, and continue the round in plain knitting. **

Work 19 more rounds without shaping.

Divide the stitches for the Fingers as follows:—

THE FIRST FINGER.—Knit the first 9 stitches of the round, slip all but the last 7 stitches of round on a thread, and leave for other Fingers, cast on 2 stitches after first 9 stitches, knit plain the last 7 stitches.

Divide these stitches on three needles.

Knit 36 rounds plain.

Knit each 2 stitches together until 5 stitches remain.

Break off the wool, and run end through remaining stitches. Fasten off securely.

THE SECOND FINGER.—Knit the next 7 stitches of round, cast on 2 stitches, knit the last 7 stitches of round, and knit up 2 stitches at base of First Finger. Divide these stitches on to three needles. Knit 39 rounds plain. Finish like First Finger.

THE THIRD FINGER.—Knit the next 7 stitches of the round, cast on 2 stitches, knit the last 7 stitches of the round, and knit up 2 stitches from the base of the Second Finger.

Knit 36 rounds plain. Finish off like the First Finger.

THE FOURTH FINGER.—Knit remaining stitches, and knit up 2 stitches at base of the Third Finger.

Knit 27 rounds plain. Finish like the First Finger.

THE THUMB.—Knit 19 stitches, and knit up 5 stitches at opening at hand. Decrease twice (where stitches were knitted up) in each of the next 2 rounds.

Knit 29 rounds plain on remaining stitches.

Finish like the First Finger.

Work the Left-hand Glove like the Right-hand, until division for Fingers is reached.

Then, for the First Finger, knit the first 13 stitches of the round, slip all but the last 3 stitches on to a thread, and leave for the other Fingers, cast on 2 stitches after the first 13 stitches, and knit the last 3 stitches.

Finish remainder of the Glove like the first.

MAN'S MITTENS—Fig. G.

(Illustrated on page 9.)



MATERIALS:—

PATON'S "TOTEM" Knitting Wool

or

PATON'S "ZINNIA" Knitting Wool.

"Totem"—Grey (shade 1912) 4 ozs.

"Beehive" Knitting Needles—

1 Set of four No. 11, with points at both ends.

Work exactly as given for Man's Gloves, from ** to **.

Proceed as follows:—Work 10 rounds in plain knitting.

Work 10 rounds in rib of (K.2, P.2). Cast off loosely.

THE THUMB.—Knit the 19 stitches which were left on the thread, and divide them on two needles; with the third needle, knit up 5 stitches along the space between the two needles.

Work 6 rounds in plain knitting.

Work 6 rounds in rib of (K.2, P.2). Cast off loosely.

Work another Mitten in the same manner.

With a slightly damp cloth and warm iron, press lightly.

MAN'S BODY BELT—Fig. H.

(Illustrated on page 9.)



MATERIALS:—

PATON'S "ROSE" Fingering Wool, 4-ply.

White (shade 51) 3 ozs.

"Beehive" Knitting Needles—1 pair each Nos. 8 and 10.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce $6\frac{1}{2}$ stitches to the inch in width.

Using the No. 10 Needles, cast on 180 stitches.

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row for 3 inches.

Using the No. 8 Needles, proceed as follows:—

1st row.—Knit plain.

2nd row.—K.1, purl to the last stitch, K.1.

Repeat these 2 rows for 8 inches, ending with a purl row.

Using the No. 10 Needles, proceed as follows:—

1st row.—K.2, * P.1, K.1, repeat from * to the end of the row.

Repeat this row for 3 inches. Cast off loosely.

TO MAKE UP THE BODY BELT.—With a slightly damp cloth and warm iron, press lightly. Sew up the seam.

BED SOCKS—Fig. J.

(Illustrated on page 9.)

**MATERIALS:—**

PATON'S "ZINNIA" Knitting Wool

or

PATON'S "TOTEM" Knitting Wool.

"Zinnia"—Blue (shade 2115) 6 ozs.

"Beehive" Knitting Needles—

1 Set of four No. 8, with points at both ends.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce 6 stitches to the inch.

(When joining wool, always splice never knot.)

Cast on 56 stitches, 20 on each of the first and second needles and 16 on the third needle.

1st round.—* K.2, P.2, repeat from * to the end of the round.

Repeat this round for $3\frac{1}{2}$ inches.

In the next round, * wl. fwd., K.2 tog., repeat from * to the end of the round.

Repeat the 1st round until the work measures 11 inches from the commencement.

Divide the stitches for the heel as follows:—

Work in pattern on the first 14 stitches of the round, slip the last 14 stitches of the round on to the other end of the same needle (these 28 stitches are for the heel).

Divide the remaining stitches on to two needles and leave for the instep.

Work 21 rows on the heel stitches in plain, smooth fabric (alternate rows of purl and plain, always slipping the first and knitting the last stitch in every row).

Turn the heel as follows:—

1st row.—K.16, K.2 tog., turn.

2nd row.—P.5, P.2 tog., turn.

3rd row.—K.6, K.2 tog., turn.

4th row.—P.7, P.2 tog., turn.

5th row.—K.8, K.2 tog., turn.

Continue in this manner until all the stitches are worked on to one needle; knit back 8 stitches (thus completing the heel).

Slip all the instep stitches on to one needle.

Taking another needle; knit the remaining 8 stitches of the heel and knit up 12 stitches at the side of the heel; with a second needle, knit plain across the instep stitches;

taking a third needle, knit up 12 stitches at the side of the heel and the remaining 8 heel stitches.

Decrease for the instep as follows:—

1st round.—Knit plain.

2nd round.—Knit plain to the last 4 stitches of the first needle, K.2 tog., K.2, knit the second needle plain without shaping; on the third needle, K.2, K.2 tog. through the back of the loops, knit plain to the end of the needle.

Repeat the 1st and 2nd rounds until 14 stitches remain on each of the first and third needles.

Continue without shaping until the foot measures, from the side of the heel where the stitches were knitted up:—

5 inches for a 10-inch foot;

$5\frac{1}{2}$ inches for $10\frac{1}{2}$ -inch foot;

6 inches for an 11-inch foot.

Shape for the toe as follows:—

1st round.—Knit plain to the last 3 stitches of the first needle, K.2 tog., K.1; on the second needle, K.1, K.2 tog. through the back of the loops, knit plain to the last 3 stitches, K.2 tog., K.1; on the third needle, K.1, K.2 tog. through the back of the loops, knit plain to the end of the needle.

2nd round.—Knit plain.

Repeat these 2 rounds until 16 stitches remain in the round.

Knit the stitches of the first needle on to the end of the third needle.

Cast off the two needles together or graft the stitches.

Work another Bed Sock in the same manner.

TO MAKE UP THE BED SOCKS.—With a slightly damp cloth and warm iron, press lightly. Make a twisted cord and thread through the holes at the top of the leg, attaching a tassel to each end.

MAN'S MILITARY SCARF—

"Roy" Design.

(Illustrated on page 7.)

**MATERIALS:—**

PATON'S "ZINNIA" Knitting Wool

or

PATON'S "TOTEM" Knitting Wool.

"Zinnia"—Khaki (shade 1292) 14 ozs.

"Beehive" Knitting Needles 1 Set of four No. 8

MEASUREMENTS:—

Length 60 ins.

Width 10 ins.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce 8 stitches to the inch.

Cast on 99 stitches, 33 on each needle.

1st round.—Knit plain.

Repeat this round until the work measures 60 inches (or length desired) from the commencement. Cast off.

With a slightly damp cloth and warm iron, press carefully.

THE FRINGE.—Wind the wool over a piece of cardboard 4 inches wide, and cut through one edge. Taking six strands together, double them, and, using a crochet hook, draw a loop through the end of the Scarf, pass the ends through the loop and knot firmly. Repeat at even distances along the ends of the Scarf.

MAN'S SCARF— "Gerald" Design.

(Illustrated on page 6.)



MATERIALS:—

PATON'S "TOTEM" Knitting Wool

or

PATON'S "ZINNIA" Knitting Wool.

"Totem" (shade 01385) 12 ozs.

"Beehive" Knitting Needles 1 pair No. 4

MEASUREMENTS:—

Length 60 ins.

Width 13 ins.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce 2 patterns to 1½ inches.

Cast on 56 stitches.

1st row.—K.2, * wool to the front, slip 1 purlways, K.1, K.2 tog., repeat from * to the last 2 stitches, K.2.

Repeat the 1st row until the work measures 60 inches from the commencement.

Cast off in pattern, purling the stitch which should be slipped.

With a slightly damp cloth and warm iron, press lightly.

THE FRINGE.—Wind the wool over a piece of cardboard 4 inches wide, and cut through one edge. Taking five strands together, double them, and, using a crochet hook, draw a loop through the end of the Scarf, pass the ends through the loop, and knot firmly. Repeat at even distances along the ends of the Scarf.

SCARF—"Maxwell" Design.

(Illustrated on page 6.)



MATERIALS:—

PATON'S "ZINNIA" Knitting Wool

or

PATON'S "TOTEM" Knitting Wool.

"Zinnia"—Brown (shade 01913) 10 ozs.

"Beehive" Knitting Needles 1 pair No. 6

MEASUREMENTS:—

Length 60 ins.

Width 12 ins.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce 5 stitches to the inch in width.

Cast on 60 stitches.

1st row.—Knit plain.

Repeat this row for 60 inches (or length required).

Cast off.

With a slightly damp cloth and warm iron, press lightly.

THE FRINGE.—Wind the wool over a piece of cardboard 4 inches wide, and cut through one edge. Taking 5 strands together, double them, and, using a crochet hook, draw a loop through the end of the Scarf. Pass the ends through the loop, and knot firmly. Repeat at even distances along the ends of the Scarf.

MAN'S SOCKS—Fig. A.

(Illustrated on Back Cover.)

With "Auto" Heel and "Round" Toe.



MATERIALS:—

PATON'S "EDINA" Fingering Wool, 4-ply.

Khaki (shade 1292) 5 ozs.

"Beehive" Knitting Needles—

1 Set of four No. 12, with points at both ends.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce 8½ stitches to the inch.

(When joining wool, always splice never knot.)

Cast on 72 stitches, 24 on each of three needles.

Work 4 inches in rounds in rib of (K.2, P.2).

Work 2½ inches in plain knitting.

In the next round, K.2 tog., knit plain to the last 2 stitches, K.2 tog. through the back of the loops.

Work 5 rounds without shaping.

Repeat these 6 rounds until 66 stitches remain.

Continue without shaping until the work measures 12 inches from the commencement.

Commence the heel as follows:—

Knit the first 16 stitches of the round on to one needle, slip the last 16 stitches of the round on to the other end of the same needle (these 32 stitches are for the heel).

Divide the other stitches on two needles, and leave for the instep.

Work on the heel stitches as follows (always slipping the first stitch):—

P.32, turn; K.31, turn; P.30, turn; K.29, turn.

Continue in this manner until 9 stitches are left at each side of the heel (the last row will be P.14), then turn, K.14, lift up the right-hand side of the loop just before the 15th stitch, and knit the 2 stitches together, thereby preventing a hole, turn, P.15, lift up the loop just before the 16th stitch, and purl the 2 stitches together.

Continue in this manner, working 1 stitch more in every row, until all the 32 stitches are worked on to one needle again (the last row will be a purl row).

Knit back 16 stitches (thus completing the heel).

Slip the 34 stitches of the instep on to one needle.

Taking a spare needle, knit the remaining 16 stitches of the heel, and knit up 5 stitches at the side of the heel; with a second needle, knit the instep stitches; with a third needle, knit up 5 stitches at the side of the heel, and the other 16 stitches.

Work the shapings for the instep as follows:—

1st round.—Knit plain.

2nd round.—Knit plain to the last 3 stitches of the first needle, K.2 tog., K.1; knit the second needle, without shaping; on the third needle, K.1, K.2 tog. through the back of the loops, knit plain to the end of the needle. Repeat these 2 rounds twice.

Continue without shaping until the foot measures, from the last decreasing at the instep:—

6 inches for a 10-inch foot, 6½ inches for a 10½-inch foot, 7 inches for an 11-inch foot.

Commence the toe as follows:—

1st round.—* K.8, K.2 tog., repeat from * to the end of the round.

Knit 2 rounds plain without shaping, also after each of the following rounds:—

4th round.—* K.7, K.2 tog., repeat from * to the end of the round.

7th round.—* K.6, K.2 tog., repeat from * to the end of the round.

10th round.—* K.5, K.2 tog., repeat from * to the end of the round.

13th round.—* K.4, K.2 tog., repeat from * to the end of the round.

16th round.—* K.3, K.2 tog., repeat from * to the end of the round.

Break off the wool, and run the end through the remaining stitches, draw up, and fasten off securely.

Work another Sock in the same manner.

With a slightly damp cloth and warm iron, press lightly.

MAN'S RIBBED SOCKS—

Fig. B.

With "French" Heel and "Flat" Toe.

(Illustrated on Back Cover.)

MATERIALS:—

PATON'S SUPER Scotch Fingering Wool, 4-ply.

Brown Mixture (shade 4219) 4 ozs.

"Beehive" Knitting Needles—

1 Set of four No. 13, with points at both ends.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce $10\frac{1}{2}$ stitches to the inch.

(When joining wool, always splice never knot.)

Cast on 90 stitches, 28 on each of the first and second needles, and 34 on the third.

Work 4 inches in rounds in rib of (K.1, P.1), increasing 1 stitch in the third needle of the last round.

Proceed as follows:—

1st round.—* K.5, P.2, repeat from * to the end of the round.

Repeat this round for 4 inches.

Shape for the leg as follows:—

In the next round, decrease once at the beginning in the first, and at the end in the last plain knitted rib.

Work 5 rounds without shaping.

In the next round, decrease once in the second plain knitted rib, and in the second from the end.

Work 5 rounds without shaping.

In the next round, decrease once in the third plain knitted rib, and in the third from the end of the round.

Work three more decreasings in this manner, working 5 rounds without shaping after each round of shaping.

In the next round, decrease once in the centre in the seventh plain knitted rib.

Continue in pattern to the end of the round.

Continue in rounds of (K.4, P.2) until the leg measures $11\frac{1}{2}$ inches from the commencement.

Commence the heel as follows:—

Knit the first 18 stitches of the round on to one needle, slip the last 20 stitches of the round on to the end of the same needle (these 38 stitches are for the heel).

Divide the remaining stitches on to two needles, and leave for the instep.

Work 33 rows on the heel stitches in plain, smooth fabric (alternate rows of purl and plain, always slipping the first and knitting the last stitch in every row).

Turn the heel as follows:—

1st row.—K.24, K.2 tog., turn.

2nd row.—P.11, P.2 tog., turn.

3rd row.—K.12, K.2 tog., turn.

4th row.—P.13, P.2 tog., turn.

5th row.—K.14, K.2 tog., turn.

Continue in this manner until all the stitches are worked on to one needle.

Knit back 12 stitches (thus completing the heel).

Slip all the instep stitches on to one needle. Taking another needle, knit the remaining 12 stitches of the heel, and knit up 17 stitches at the side of the heel; with a second needle, work in pattern across the instep stitches; taking a third needle, knit up 17 stitches at the side of the heel, and the remaining 12 heel stitches.

Decrease for the instep as follows:—

1st round.—Knit plain without shaping.

2nd round.—Knit plain to the last 4 stitches of the first needle, K.2 tog., K.2; work in pattern on the second needle without shaping; on the third needle, K.2, K.2 tog. through the back of the loops, knit plain to the end of the needle.

Repeat the 1st and 2nd rounds until 20 stitches remain on each of the first and third needles (if a narrow instep is required, work the decreasings in every round).

Continue without shaping (keeping the continuity of the pattern on the second needle) until the foot measures, from the side of the heel where stitches were knitted up:—
 $6\frac{1}{2}$ inches for a 10-inch foot, 7 inches for a $10\frac{1}{2}$ -inch foot, $7\frac{1}{2}$ inches for an 11-inch foot.

To shape for the toe, proceed as follows:—

Knit to the last 3 stitches of the first needle, K.2 tog., K.1; on the second needle, K.1, K.2 tog. through the back of the loops, knit to the last 3 stitches, K.2 tog., K.1; on the third needle, K.1, K.2 tog. through the back of the loops, knit plain to the end of the needle.

Work 1 round plain without shaping.

Repeat these 2 rounds until 28 stitches remain in the round.

Knit the stitches of the first needle on to the end of the third needle.

Graft the stitches from the two needles together.

Work another Sock in the same manner.

With a slightly damp cloth and warm iron, press lightly.

MAN'S SOCKS—Fig. C.

With "French" Heel and "Flat" Toe.

(Illustrated on Back Cover.)

MATERIALS:—

PATON'S "ZINNIA" Knitting Wool

or

PATON'S "TOTEM" Knitting Wool.

"Zinnia" Khaki (shade 1292) 7 ozs.

"Beehive" Knitting Needles—

Four No. 11, with points at both ends.

NOTE.—If you knit tightly, use No. 10 needles (an average knitter should use No. 11 needles).

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce 7 stitches to the inch in width.

Cast on 60 stitches, 20 on each of three needles.

Work 4 inches in rounds in rib of (K.1, P.1).

Work 8 inches in plain knitting, or length desired.

Commence the heel as follows:—

Knit the first 15 stitches of the round on to one needle, slip the last 15 stitches of the round on to the other end of the same needle (these 30 stitches are for the heel).

Divide the remaining stitches on to two needles and leave for the instep.

Work 29 rows on the heel stitches in plain, smooth fabric (alternate rows of purl and plain, always slipping the first and knitting the last stitch in every row).



Turn the heel as follows:—

1st row.—K.18, K.2 tog., turn.

2nd row.—P.7, P.2 tog., turn.

3rd row.—K.8, K.2 tog., turn.

4th row.—P.9, P.2 tog., turn.

5th row.—K.10, K.2 tog., turn.

Continue in this manner until all the stitches are worked on to one needle; knit back 9 stitches (thus completing the heel).

Slip all the instep stitches on to one needle.

Taking another needle, knit the remaining 9 stitches of the heel, and knit up 16 stitches at the side of the heel; with a second needle, knit plain across the instep stitches; taking a third needle, knit up 16 stitches at the side of the heel and the remaining 9 heel stitches.

Decrease for the instep as follows:—

1st round.—Knit plain without shaping.

2nd round.—Knit plain to the last 4 stitches of the first needle, K.2 tog., K.2; on the second needle, knit plain without shaping; on the third needle, K.2, K.2 tog. through the back of the loops, knit plain to the end of the needle.

Repeat the 1st and 2nd rounds until 15 stitches remain on each of the first and third needles. (If a narrow instep is required, work the decreasings in every round.)

Continue without shaping until the foot measures from the side of the heel where the stitches were knitted up:—

6 inches for a 10-inch foot;

6½ inches for a 10½-inch foot;

7 inches for an 11-inch foot.

Shape for the toe as follows:—

1st round.—On the first needle, knit plain to the last 3 stitches, K.2 tog., K.1; on the second needle, K.1, K.2 tog. through the back of the loops, knit plain to the last 3 stitches, K.2 tog., K.1; on the third needle, K.1, K.2 tog. through the back of the loops, knit plain to the end of the needle.

2nd round.—Knit plain.

Repeat these 2 rounds until 24 stitches remain in the round.

Knit the stitches of the last needle on to the end of the third needle.

Graft the stitches from the two needles together.

Work another Sock in the same manner.

With a slightly damp cloth and warm iron, press lightly.

MAN'S SOCKS—Fig. D.

(Illustrated on Back Cover.)



MATERIALS:—

PATON'S "ROSE" Fingering Wool, 4-ply.

Blue Mixture (shade 01894) 4 ozs.

"Beehive" Knitting Needles—

1 Set of four No. 12, with points at both ends.

ABBREVIATIONS:—See page 10.

TENSION:—

It is absolutely necessary to work at a tension to produce 9½ stitches to the inch.

(When joining wool, always splice never knot.)

Cast on 84 stitches, 30 on each of the first and second needles, and 24 on the third.

Work 4 inches in rounds in rib of (K.1, P.1).

Work 4 inches in rib of (K.4, P.2).

Knit the first 2 stitches of the first needle on to the third needle.

Decrease once at the beginning of the first and the end of the third needle in the next and every following 10th round, until 25 stitches remain on the first needle, and 23 on the third needle.

Continue without shaping for 2 inches.

Divide the stitches for the heel as follows:—

K.17, slip the last 17 stitches of the round on to the other end of the same needle (these 34 stitches are for the heel).

Divide the remaining stitches on to two needles, and leave for the instep.

Work 25 rows on the heel stitches in alternate rows of purl and plain (always slipping the first and knitting the last stitch in every row, the last row being a purl row).

To turn the heel, K.21, slip 1, K.1, p.s.s.o., turn; P.9, P.2 tog., turn; * K.9, slip 1, K.1, p.s.s.o., turn; P.9, P.2 tog., turn; repeat from * until all the stitches are worked on to one needle.

Knit back 5 stitches (thus completing the heel).

Slip all the instep stitches on to one needle again.

Taking a spare needle, knit the remaining 5 heel stitches, knit up 16 stitches from the side of the heel; with a second needle, work in pattern across the instep stitches; with a third needle, knit up 16 stitches from the other side of the heel, and the remaining 5 heel stitches.

Shape for the instep as follows:—

1st round.—Work the first and third needles plain, and the second needle in rib.

2nd round.—Knit plain to the last 3 stitches of the first needle, K.2 tog., K.1; work the second needle in rib without shaping; on the third needle, K.1, K.2 tog. through the back of the loops, knit plain to the end of the needle.

3rd and 4th rounds.—Like the 1st round.

Repeat these 4 rounds until 17 stitches remain on each of the first and third needles.

Continue without shaping, always knitting the first and third needles plain, and the second needle in rib, until the foot measures (from where the stitches were knitted up at the heel):—

6 inches for a 10-inch foot, 6½ inches for a 10½-inch foot, 7 inches for an 11-inch foot.

Shape for the toe as follows:—

1st round.—(K.8, K.2 tog.) six times, (K.7, K.2 tog.) twice.

Knit 2 rounds plain without shaping, and also after each of the following rounds.

4th round.—(K.7, K.2 tog.) six times, (K.6, K.2 tog.) twice.

7th round.—(K.6, K.2 tog.) six times, (K.5, K.2 tog.) twice.

10th round.—(K.5, K.2 tog.) six times, (K.4, K.2 tog.) twice.

13th round.—(K.4, K.2 tog.) six times, (K.3, K.2 tog.) twice.

16th round.—(K.3, K.2 tog.) six times, (K.2, K.2 tog.) twice.

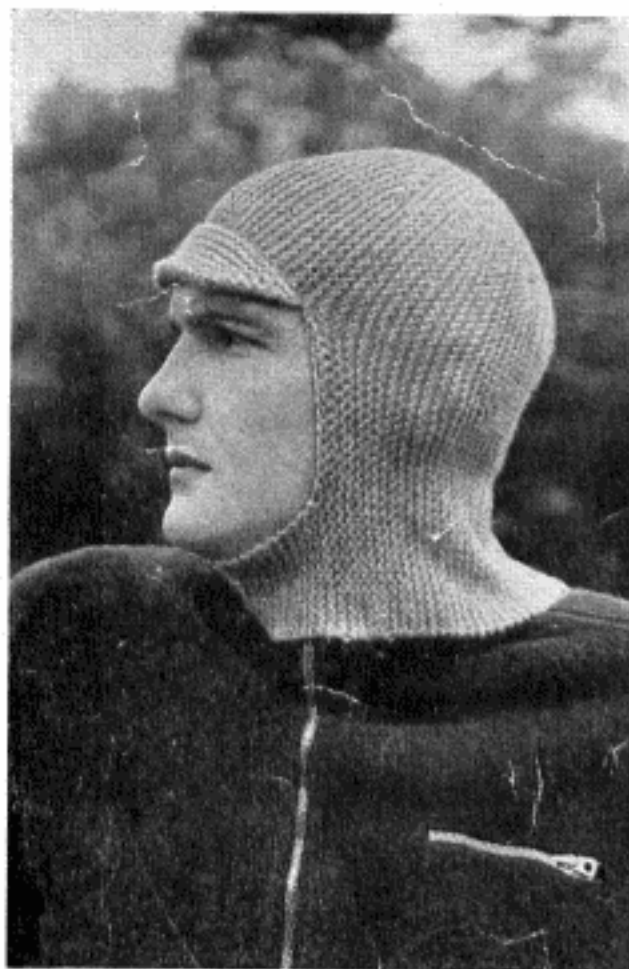
19th round.—(K.2, K.2 tog.) six times, (K.1, K.2 tog.) twice.

22nd round.—(K.1, K.2 tog.) six times, (K.2 tog.) twice.

Break off the wool and run the end through the remaining stitches, draw up, and fasten off securely.

Work another Sock in the same manner.

With a slightly damp cloth and warm iron, press lightly.



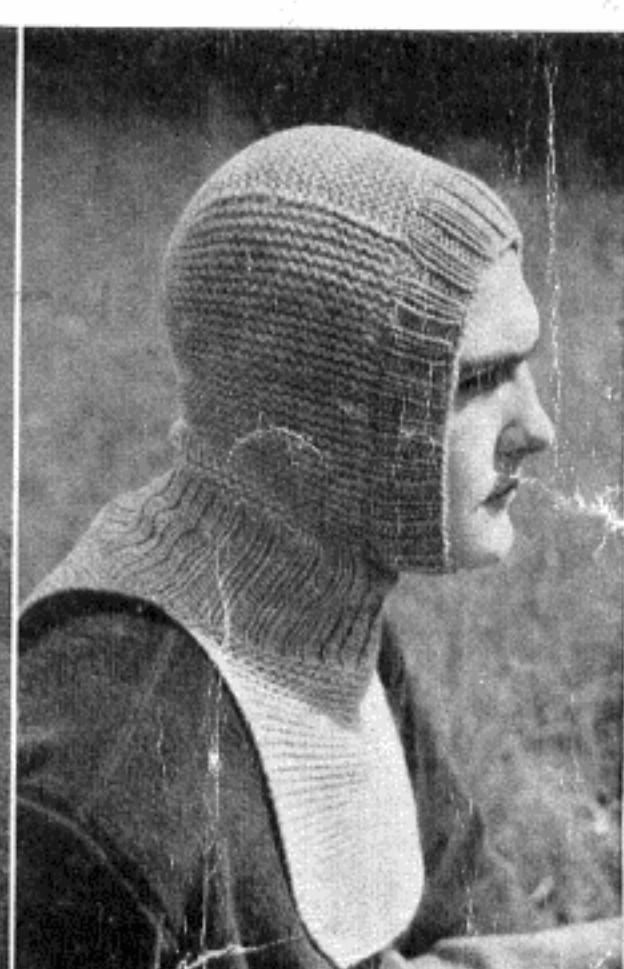
KNITTED SPORTS CAP—
"ALAN" DESIGN.

Instructions on page 19.



SLEEPING CAP—
"PHILIP" DESIGN.

Instructions on page 19.



HELMET, with Cape Pieces—
"ROGER" DESIGN.

Instructions on page 20.

PATON'S "ZINNIA" KNITTING WOOL, or PATON'S "TOTEM" KNITTING WOOL.

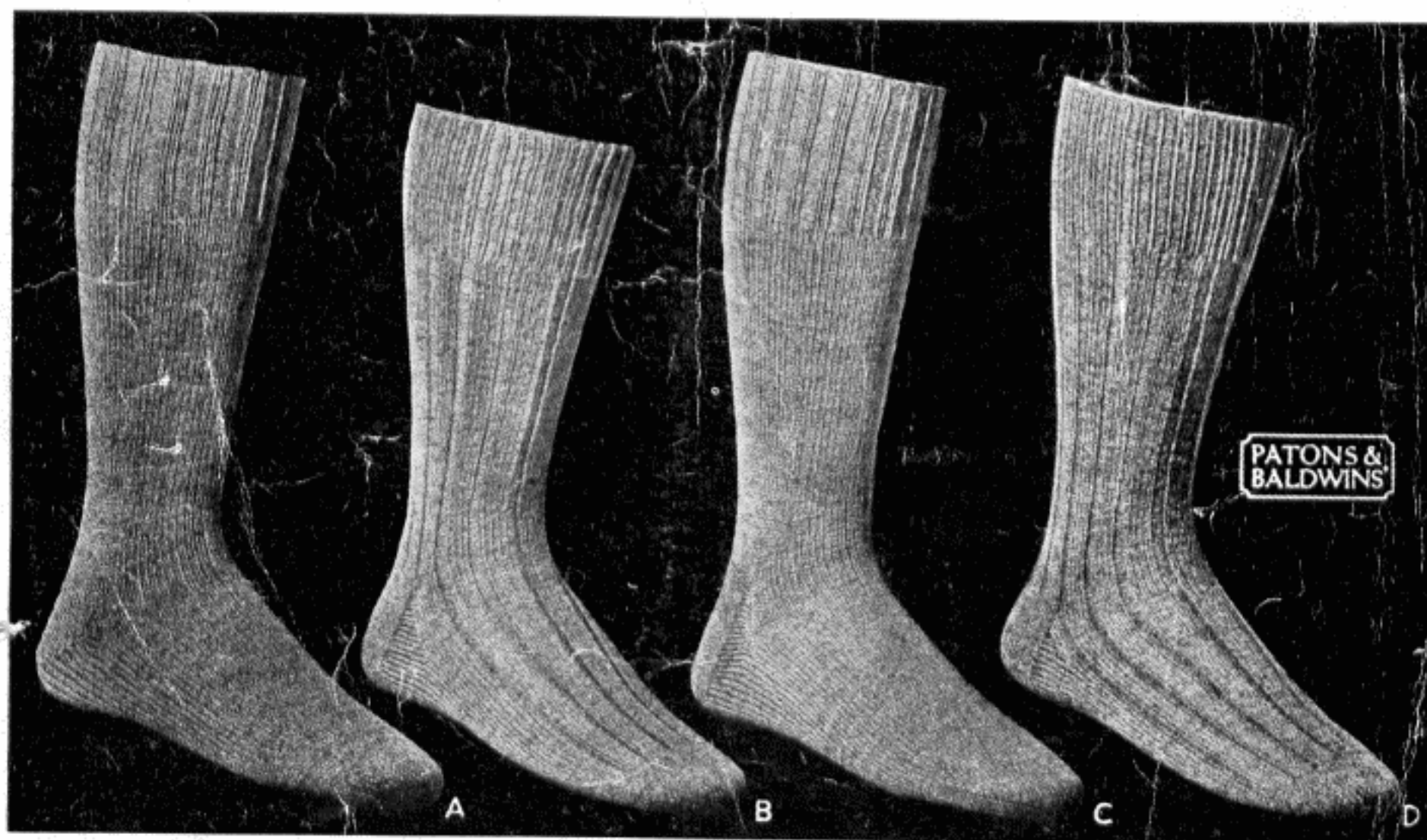


Fig. A, Man's Socks, p. 25; Fig. B, Man's Ribbed Socks, p. 26; Fig. C, Man's Socks, p. 26;
Fig. D, Man's Socks, p. 27.

